



Map for Dressing Change

NOTE: From this point on, **don't** touch the catheter or your skin except with an alcohol swab. This will decrease your risk of getting an infection.

- Take the package with the sterile gloves out of the tray. Be careful not to touch anything else in the tray. Put on the sterile gloves, touching only the inside of the sterile glove with your bare hand. Be careful not to touch anything except what is in the dressing change tray after the gloves are on. Move everything from inside the dressing change tray onto the sterile drape.

- Open the Chloraprep® applicator by squeezing the tabs (see Figure 1). Open and remove all the alcohol prep pads. Put the alcohol pads back into the tray. Put the wrappers to the side or drop them in the trash.

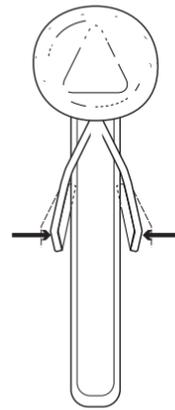


Figure 1: Chloraprep® applicator

- Pick up the Chloraprep® applicator with your dominant hand. Pinch the wings on the side together until you hear a click (see Figure 1). This will make the antiseptic soak into the applicator sponge. You must press very hard to make the click sound.

- With your nondominant hand, grasp the catheter using the alcohol pad (see Figure 2). Don't touch the catheter itself. Touch only the alcohol pad. Hold the catheter away from your chest.

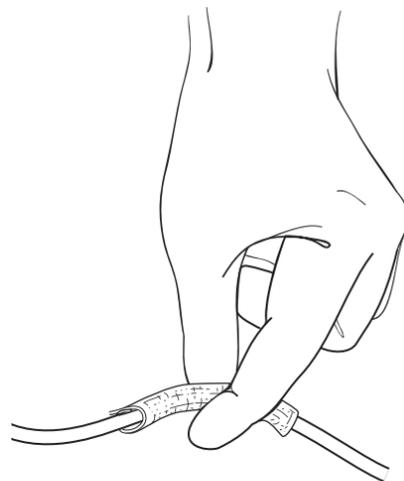


Figure 2: Catheter

- Use your dominant hand to pick up the Chloraprep®. Beginning at the insertion site, scrub up and down and side to side with the Chloraprep® to make a 2 inch box (see Figure 3). Discard the Chloraprep®.

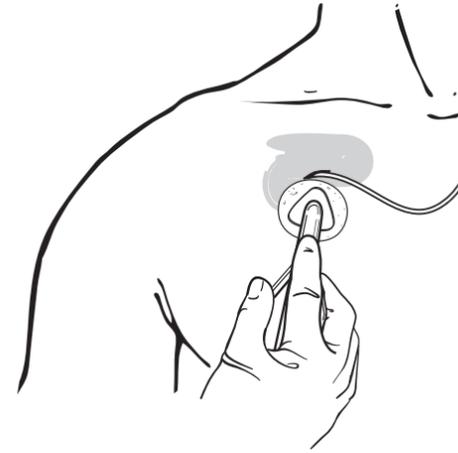


Figure 3: Cleaning Exit Site

- Allow the site to dry for at least 30 seconds. Don't fan or blow on the site to speed up the drying. Hold the catheter away while it dries.

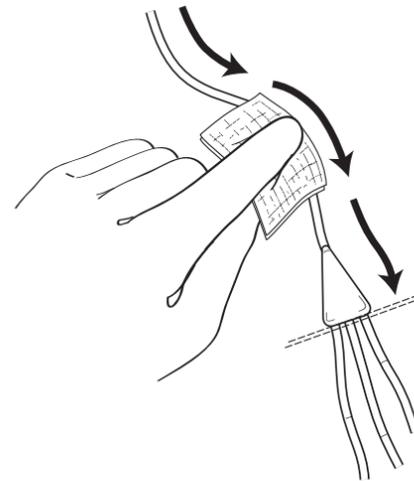


Figure 4: Catheter cleaning

- Take another alcohol pad in your dominant hand. Place it around the catheter just above where it separates into lumens. Grasp the catheter with the alcohol wipe. Hold the catheter up and use another alcohol pad in your non-dominant hand to clean the catheter. Start at the incision site and gently wipe down to where the catheter splits (see Figure 4). Don't pull on the catheter.

If the exit site is red, raw, or swollen or has drainage, notify your doctor after you finish the dressing change.

- Apply the No Sting Barrier Film® to your skin. Paint it on in the shape of an open rectangle about the size of the Tegaderm® dressing. The No Sting Barrier Film will help the dressing stick to your skin.

- Peel the backing off of the Tegaderm® dressing (see Figure 5). Position it with the triangle shape over the catheter. Place it over the catheter with the gel pad positioned over the insertion site.

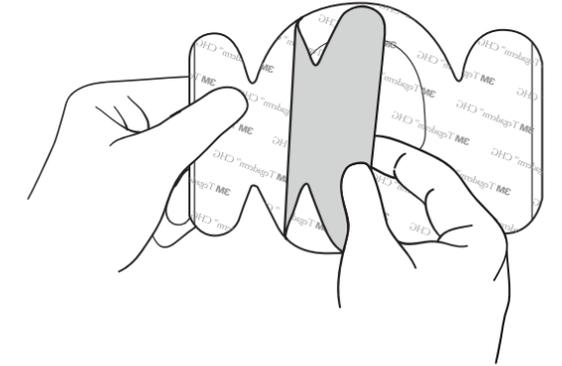


Figure 5: Tegaderm®

- Grasp the round plastic tab on the outside and peel the plastic off all the way around the dressing (see Figure 6). You may press on the outside of the dressing to make sure it is intact (see Figure 7).

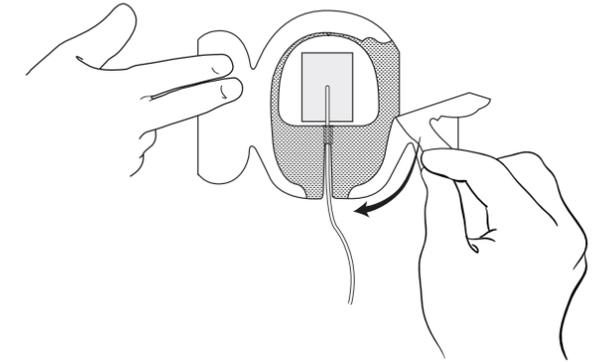


Figure 6: Applying the Tegaderm® dressing

Continue the instructions in the booklet.

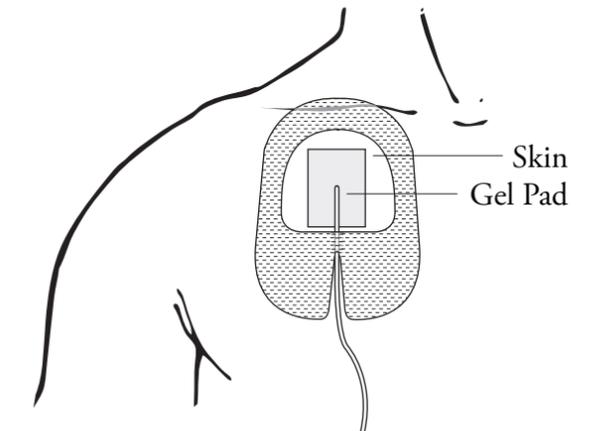


Figure 7: Tegaderm® dressing on skin