

Map for Dressing Change: CVC

NOTE: From this point on, do not touch your catheter or your skin except with an alcohol pad. This will decrease your risk of getting an infection.

10. **Wash your hands thoroughly with warm water and antibacterial soap or use the hand sanitizer packet provided on the outside of the kit.** Dry your hands thoroughly.

11. Take the package with the sterile gloves out of the tray. Be careful not to touch anything else in the tray. Put on the sterile gloves, touching only the inside of the sterile glove with your bare hand. Be careful not to touch anything except what is in the dressing change tray after your gloves are on. Move everything from inside the dressing change tray onto the sterile drape.

12. Open the Chloraprep® applicator by squeezing the tabs (see Figure 1). Open and remove all the alcohol prep pads. Put the alcohol pads back into the tray. Put the wrappers to the side or drop them in the trash.

13. Pick up the Chloraprep® applicator with your dominant hand. Pinch the wings on the side together until you hear a click (see Figure 1). This will make the antiseptic soak into the applicator sponge. You must press very hard to make the click sound.

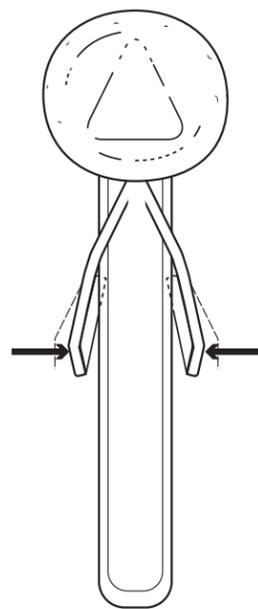


Figure 1:
Chloraprep®
applicator

14. With your nondominant hand, grasp the catheter using an alcohol pad (see Figure 2). Do not touch the catheter itself. Touch only the alcohol pad. Hold the catheter away from your chest.

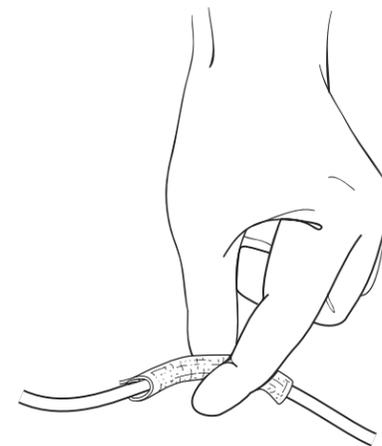


Figure 2: Holding the catheter

15. Use your dominant hand to pick up the Chloraprep®. Beginning at the exit site, scrub up and down and side to side with the Chloraprep® to make a 2-inch box (see Figure 3). Discard the Chloraprep®.

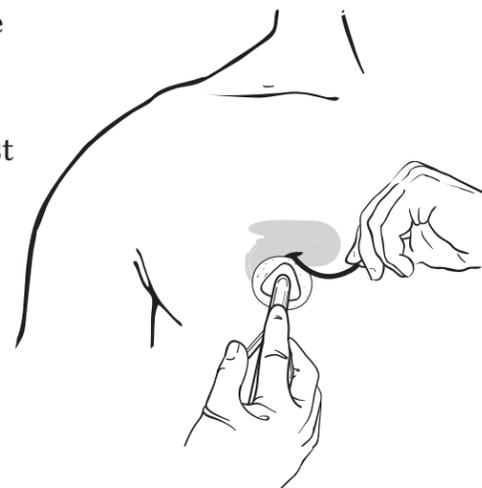


Figure 3: Cleaning the exit site

16. Allow the site to dry for at least 30 seconds. Do not fan or blow on the site to speed up the drying. Hold the catheter away while it dries.

17. Take another alcohol pad in your dominant hand. Place it around the catheter, just above where it separates into lumens. Grasp the catheter with the alcohol pad. Hold the catheter up and use another alcohol pad in your nondominant hand to clean the catheter. Start at the incision site and gently wipe down to the hub using a new alcohol pad for each lumen. (see Figure 4). Do not pull on the catheter.

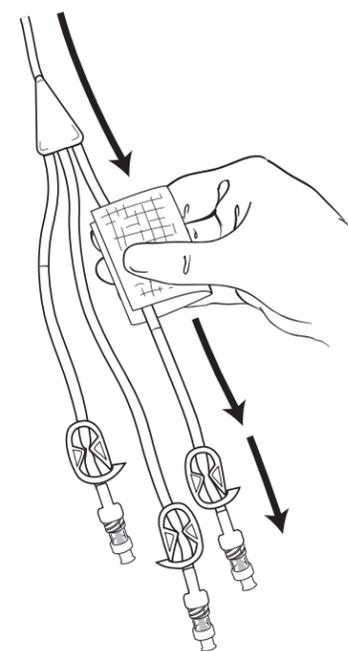


Figure 4: Cleaning the catheter

If the exit site is red, raw, swollen, or has drainage, notify your doctor after you finish the dressing change.

18. Apply the No Sting Barrier Film to your skin. Paint it on in the shape of an open rectangle about the size of the Tegaderm™ CHG dressing. **Allow it to dry completely.** The No Sting Barrier Film will help the dressing stick to your skin.

19. Peel the backing off the Tegaderm™ CHG (see Figure 5). Center the gel pad over the exit site and smooth down the dressing edge. Do not stretch the dressing when applying.

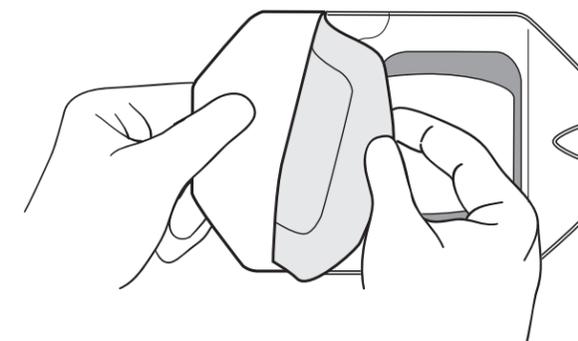


Figure 5: Tegaderm™ CHG dressing

20. Grasp the round paper tab on the outside and peel the plastic off all the way around the dressing (see Figure 6). Peel the notched tape off of the paper tab. Apply the tape under the tubing and over the dressing edge to secure the catheter. You may press the outside of the dressing to make sure it is intact.

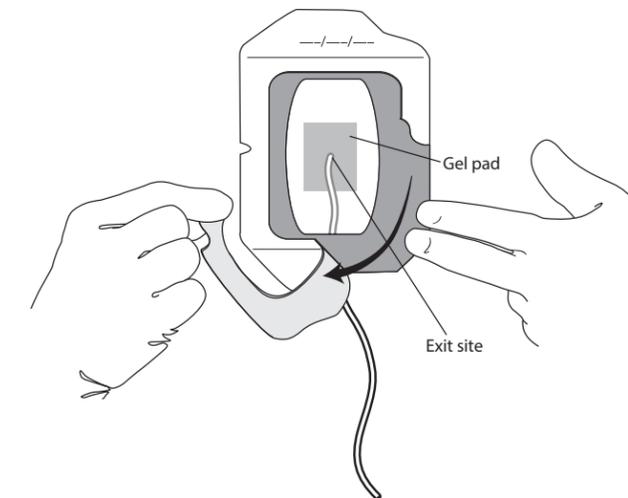


Figure 6: Applying the
Tegaderm™ CHG dressing

Continue the instructions in the booklet.

