

Map for Dressing Change: PICC

NOTE: From this point on, do not touch your catheter or your skin except with an alcohol pad. This will decrease your risk of getting an infection.

13. **Wash your hands thoroughly with warm water and antibacterial soap or use the hand sanitizer packet provided on the outside of the kit.** Dry your hands thoroughly.

14. Take the package with the sterile gloves out of the tray. Be careful not to touch anything else in the tray.

15. Put on the sterile gloves, touching only the inside of the sterile glove with your bare hand. Be careful not to touch anything except what is in the dressing change tray after your gloves are on. Take out the sterile paper drape, unfold it, and place it on your work area. Move everything from inside the dressing change tray onto the sterile drape.

16. Open and remove all the alcohol pads. Put the alcohol pads back onto the tray. Put the wrappers to the side or drop them in the trash.

17. Pick up the Chloraprep® applicator with your dominant hand. Pinch the wings on the side together until you hear a click (see Figure 1). This will make the antiseptic soak into the applicator sponge. You must press very hard to make the click sound.

18. With your nondominant hand, grasp the catheter using an alcohol pad (see Figure 2). Do not touch the catheter itself. Touch only the alcohol pad. Hold the catheter away from your chest.

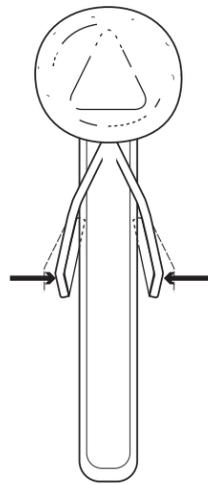


Figure 1:
Chloraprep® applicator

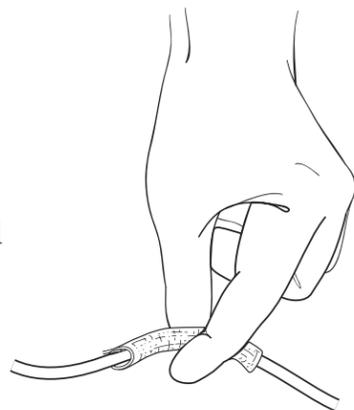


Figure 2: Holding the catheter

19. Pick up the Chloraprep®. Beginning at the exit site, scrub up and down and side to side with the Chloraprep® to make a 2-inch box (see Figure 3). Do this for 30 seconds. Discard the Chloraprep®.

20. Allow the site to dry for at least 30 seconds. Do not fan or blow on the site to speed up the drying. Hold the catheter away while it dries.

21. Take another alcohol pad in your dominant hand. Place it around the catheter, just above where it separates into lumens. Grasp the catheter with the alcohol pad. Hold the catheter up and use another alcohol pad in your nondominant hand to clean the catheter. Start at the exit site and gently wipe down to the hub using a new alcohol pad for each lumen. (see Figure 4). Do not pull on the catheter.

If the exit site is red, raw, swollen, or has drainage, notify your doctor after you finish the dressing change.

22. Apply the No Sting Barrier Film to your skin and the area below the catheter wings. Paint it on in the shape of an open rectangle about the size of the Tegaderm™ CHG dressing. **Allow it to dry completely.** The No Sting Barrier Film will help the dressing stick to your skin.

23. Apply the skin protectant included in the StatLock® package to the area where the Statlock® device will be applied. Allow it dry completely to avoid skin irritation.

24. Secure the catheter with your nondominant hand using an alcohol pad.

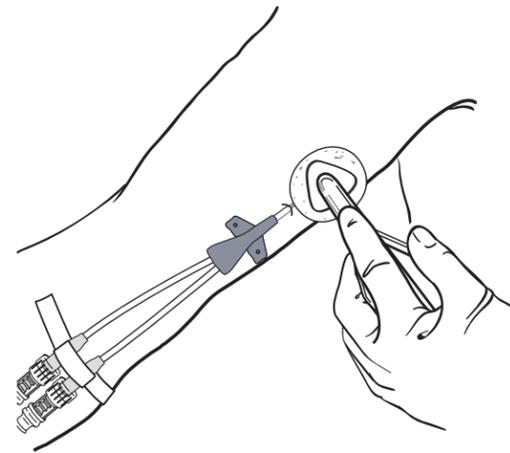


Figure 3: Cleaning the exit site

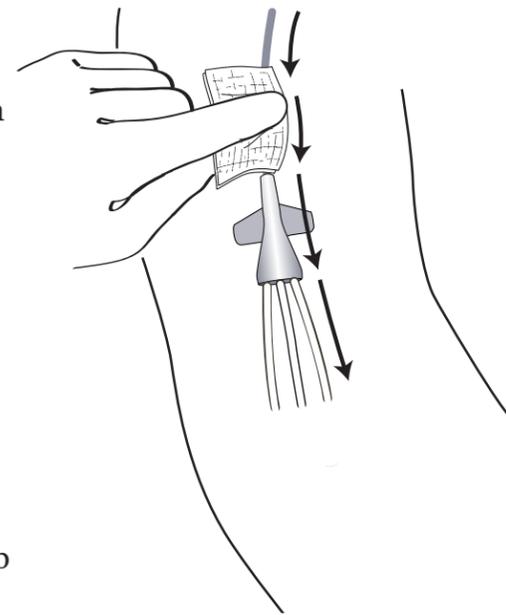


Figure 4: Cleaning the catheter

25. Ensure that the arrows on the StatLock® are pointed up (see Figure 5). To apply the StatLock® device, place each catheter wing hole over the posts on the StatLock® on either side. Support the anchor pad and catheter while closing the retainer doors. Hold the StatLock® device retainer securely as you peel away the paper backing from the anchor pad and place it on your skin.

26. Peel the backing off the Tegaderm™ CHG (see Figure 6). Center the gel pad over the exit site and smooth down the dressing edge. Do not stretch the dressing when applying.

27. Grasp the round paper tab on the outside and peel the plastic off all the way around the dressing (see Figure 7). Peel the notched tape off of the paper tab. Apply the tape under the tubing and over the dressing edge to secure the catheter. You may press the outside of the dressing to make sure it is intact.

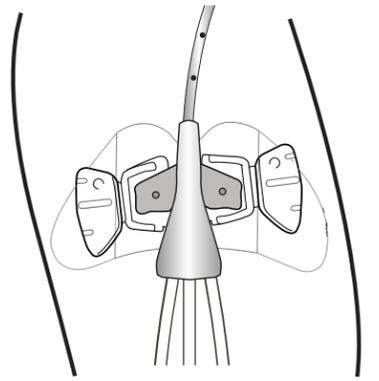


Figure 5: StatLock®

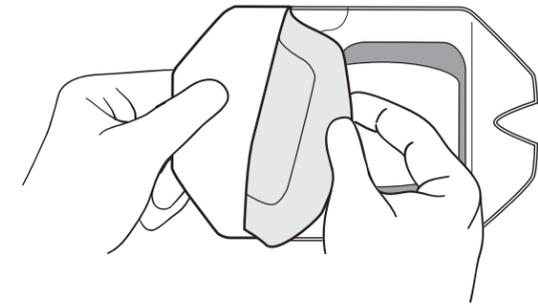


Figure 6: Tegaderm™ CHG dressing

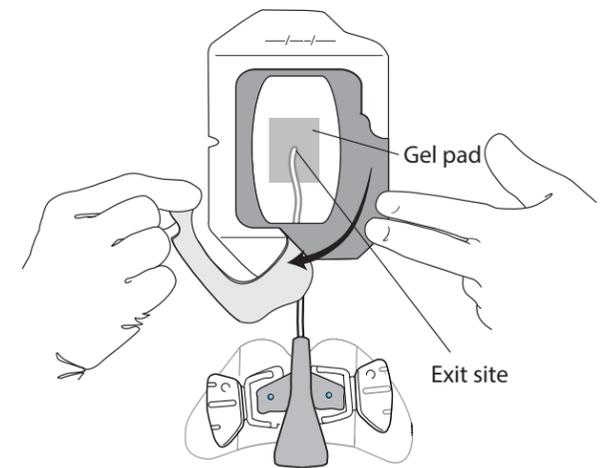


Figure 7: Applying the Tegaderm™ CHG dressing

Continue the instructions in the booklet.

