

Map for Dressing Change for Pediatric Patients: CVC

NOTE: From this point on, **do not** touch the catheter or your skin except with an alcohol pad. This will decrease your risk of getting an infection.

10. Wash your hands thoroughly with warm water and antibacterial soap or use the hand sanitizer packet provided on the outside of the kit.

11. Take the package with the sterile gloves out of the tray. Be careful not to touch anything else in the tray. Put on the sterile gloves, touching only the inside of the sterile glove with your bare hand. Be careful not to touch anything except what is in the dressing change tray after your gloves are on. Take out the sterile paper drape, unfold it, and place it on your work area. Move everything from inside the dressing change tray onto the sterile drape.

12. Open and remove all the alcohol pads. Put the alcohol pads back onto the tray. Put the wrappers to the side or drop them in the trash.

13. Pick up the ChloraPrep® applicator with your dominant hand. Pinch the wings on the side together until you hear a click (see Figure 1). This will make the antiseptic soak into the applicator sponge. You must press very hard to make the click sound.

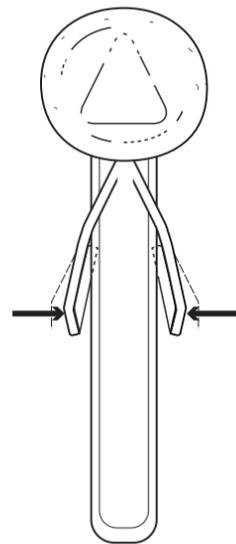


Figure 1:
ChloraPrep® applicator

14. With your nondominant hand, grasp the catheter using an alcohol pad (see Figure 2). Do not touch the catheter itself. Touch only the alcohol pad. Hold the catheter away from your chest.

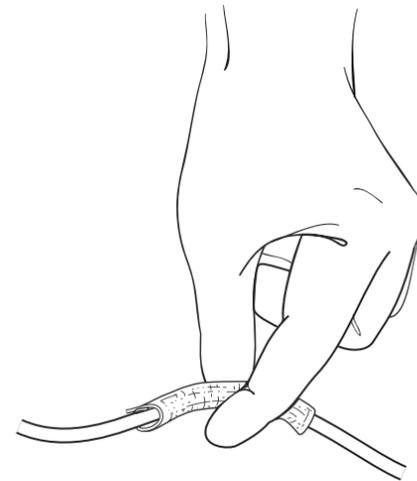


Figure 2: Holding the catheter

15. Pick up the Chloraprep®. Beginning at the exit site, scrub up and down and side to side with the Chloraprep® to make a 2-inch box (see Figure 3). Do this for 30 seconds. Discard the Chloraprep®.



Figure 3: Cleaning the exit site

16. Allow the site to dry for at least 30 seconds. Do not fan or blow on the site to speed up the drying. Hold the catheter away while it dries.

17. Take another alcohol pad in your dominant hand. Place it around the catheter, just above where it separates into lumens. Grasp the catheter with the alcohol wipe. Hold the catheter up and use another alcohol pad in your nondominant hand to clean the catheter. Start at the exit site and gently wipe down to the hub using a new alcohol pad for each lumen. (see Figure 4). Do not pull on the catheter.

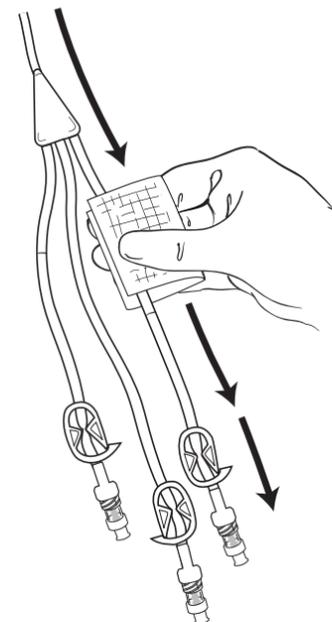


Figure 4: Cleaning the catheter

If the exit site is red, raw, swollen, or has drainage, notify your doctor after you finish the dressing change.

18. Apply the No Sting Barrier Film to your skin. Paint it on in the shape of an open rectangle about the size of the Tegaderm® CHG dressing. **Allow it to dry completely.** The No Sting Barrier Film will help the dressing stick to your skin.

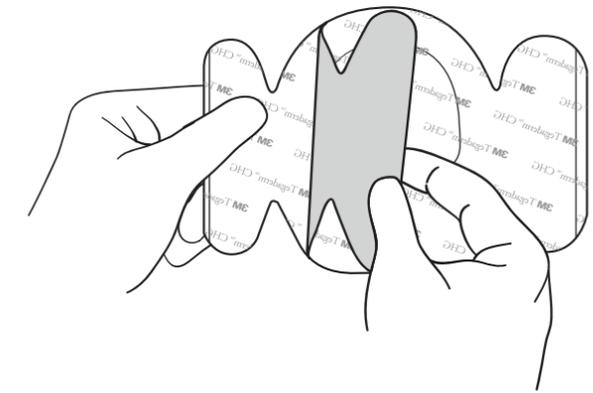


Figure 5: Tegaderm® CHG dressing

19. Peel the backing off of the Tegaderm® CHG dressing (see Figure 5). Position it with the triangle shape over the catheter. Center the gel pad over the exit site and smooth down the dressing edge. Do not stretch the dressing when applying.

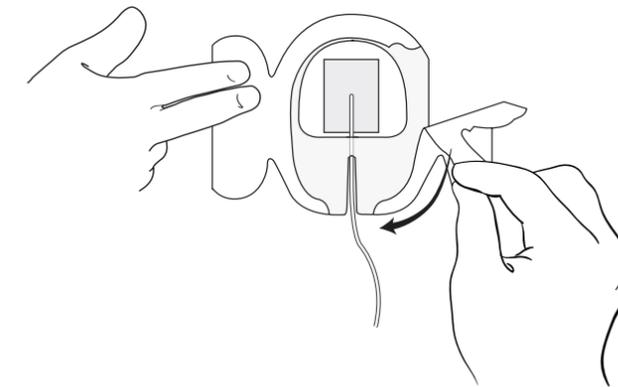


Figure 6: Applying the Tegaderm® CHG dressing

20. Grasp the round plastic tab on the outside and peel the plastic off all the way around the dressing (see Figure 6). You may press on the outside of the dressing to make sure it is intact (see Figure 7).

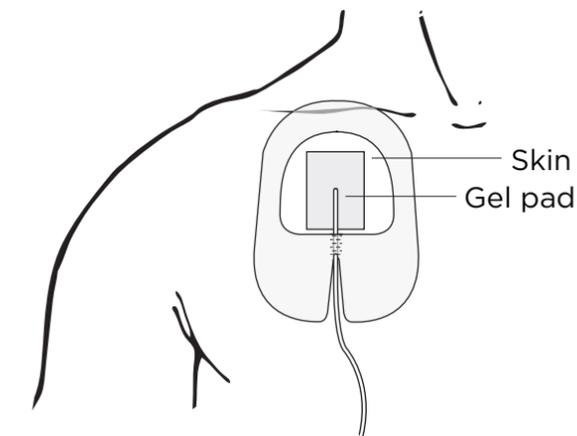


Figure 7: Tegaderm® CHG dressing on skin

Continue the instructions in the booklet.

