



Memorial Sloan-Kettering
Cancer Center

Community M A T T E R S

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NEWS FROM MEMORIAL SLOAN-KETTERING CANCER CENTER

Community EVENTS

CancerSmart Lectures

Thursday, March 26, 2009

**Breast Cancer Medicine,
Present and Future:
An Interactive Lecture**

Tuesday, April 14, 2009

**The Latest in Skin Cancer:
Detection, Diagnosis,
and Treatment**

Thursday, April 30, 2009

**End of Life Issues:
The Role of Palliative Care
and Counseling**

All lectures will take place
from 6:00 – 7:30 PM at
Rockefeller Research
Laboratories, 430 East
67th Street (between York
and First Avenues).

Reservations preferred.

Please call the CancerSmart
Infoline at 212-639-3074 or
visit us at www.cancersmart.org
to register.

A Long Island CancerSmart
lecture on skin cancer will be held
on **Wednesday, May 13, 2009**
from 6:30 – 7:30 pm. Contact
MSKCC's Rockville Centre site
at 516-256-3651 to register.

Downtown Clinic Offers Vital Cancer Screening and Diagnostic Services

Breast cancer survivor Barbara K. Snyder knows first hand the importance of detecting cancer in its earliest stages. Every year since 2001, Snyder has been traveling from her home in Florida to Memorial Sloan-Kettering's Guttman Diagnostic Center for her annual screening visit.

Diagnosed with breast cancer in 1995, Snyder became a patient of radiologist Dr. Delia Keating following successful surgery and breast reconstruction. Dr. Keating's subsequent appointment as medical director of the Guttman Diagnostic Center led Ms. Snyder to pursue post-treatment screening care at the facility even after relocating from New York to Florida. Despite the distance and the suggestions of local providers she's received from friends, she considers it a worthwhile trip to Guttman to be screened for cancer recurrence by her care team.

The Guttman Diagnostic Center – located at 55 Fifth Avenue between 12th and 13th Streets on the 12th floor – is dedicated to responding to the cancer screening and diagnostic needs of each individual in a welcoming environment, away from the cancer treatment setting. Breast, cervical, prostate, and skin cancer screening and diagnostic services are provided to approximately 1,500 patients monthly.

Critically important to Guttman's care strategy is the provision of comprehensive breast cancer screening. "Patients appreciate that every mammogram exam is preceded by a physical exam of the breast area by a nurse practitioner, who also instructs patients on how to conduct breast self-examination," says Guttman's Administrative Manager Shari Friedman, who adds that all screening mammograms are read independently by two radiologists.

Although, as Ms. Snyder notes, cancer screening can be a stressful experience, the communication skills of the staff and the gentle approach of the examiner help to allay the fears of patients.



The Guttman Diagnostic Center maintains separate waiting areas for male and female clients.

Cancer-free for more than a decade, she has these words of advice to share: "If you want to continue living, you have to take care of yourself. Thirteen years still alive is truly a blessing, and I'm doing all I can to stay healthy."

The clinic is open to patients Monday through Friday, with limited evening and Saturday hours. A typical visit lasts approximately 90 minutes, during which individuals complete health assessment forms, meet with the nurse practitioner staff, and complete cancer screening or diagnostic test(s).

Those individuals interested in being screened at Guttman may call 212-463-8733 to schedule an appointment. The clinic also welcomes inquiries from corporations and organizations interested in arranging employee health screenings. ☼

MSKCC's Screening Guidelines for Patients at Average Risk of Breast, Cervical, and Prostate Cancers

Cancer Test and How Often

BREAST

Breast exam by healthcare professional

- Once a year beginning at age 25

Mammogram

- Once a year beginning at age 40

Breast self-exam (optional)

- Once a month beginning at age 20

CERVICAL

Cervical cytology (which can include Pap smears or liquid-based cytology)

Women up to age 30

- Once a year beginning at age 18 or 3 years after first sexual intercourse

Women age 30 and older

- Once a year
- If negative or satisfactory for 3 years in a row, testing may be done every 2 to 3 years.

PROSTATE

Prostate-specific antigen (PSA) and Digital rectal exam (DRE)

General population

- Once a year beginning at age 50

African American men and men with a family history of prostate cancer

- Once a year beginning at age 40

Call 212-463-8733 to schedule a screening service.

Conference for Brain Tumor Patients and Their Family Caregivers

Friday, April 17, 2009

Let's Talk about Brain Tumors

8:30 AM – 4:15 PM

Co-sponsored by the Brain Tumor Center at MSKCC and the National Brain Tumor Society

Rockefeller Research Laboratories
430 East 67th Street
(between York and First Avenues).

Registration is required.

Please call 800-934-2873 or visit www.mskcc.org/brainmorevent to register.

Free Cancer Screenings

Thursday, April 23, 2009

Head and Neck Cancer Screenings

9:00 AM – 12 NOON

Enid A. Haupt Pavilion

425 East 67th Street, 4th Floor, Suite 5
(between York and First Avenues).

No appointment necessary. For more information, call 646-497-9161.

Thursday, May 14, 2009

Skin Cancer Screenings

4:00 – 7:00 PM

Rockefeller Outpatient Pavilion

160 East 53rd Street, 10th Floor
(between Third and Lexington Avenues).

By limited appointment only. To make an appointment, call 212-610-0772.

Phone lines open at 9:30 AM on April 22.

Construction Update

Construction of the Breast and Imaging Center on Second Avenue between 65th and 66th Streets is nearly complete. Staff will begin to occupy academic offices by the summer, and patient activity is scheduled to begin in the fall.

Due to current economic conditions, MSKCC has decided to delay completion of the second phase of construction for the Mortimer B. Zuckerman Research Center on East 68th Street between York and First Avenues. Activity in 2009 will concentrate on erecting the facility's exterior walls and installing the electrical and plumbing systems. The facility's projected completion of interior work has been extended by a minimum of one year. ☼

RESOURCES

Cancer Information Service
800-4-CANCER

Community Matters
212-639-3199

Construction Information Line
212-639-4444

MSKCC
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