

# Micropigmentation of the Nipple/Areola

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## Discharge Instructions

1. Apply Bacitracin ointment generously to micropigmentation once a day for seven days. You must keep the area well lubricated.
2. Apply dry gauze. This will prevent staining of clothing.
3. You may shower **two** days after the procedure.
4. If a scab forms, do not pick at it or try to remove it. A scab that comes off too early will take the skin color with it.
5. You may resume your former activities. However, avoid any activities that may cause rubbing or friction to the treated area.
6. Call your doctor if you develop:
  - Redness, warmth, and/or pain at or around the treated area.
  - Yellowish drainage from the treated area.
  - Temperature above 98.6° F or 37° C.
  - Shaking chills.
  - Symptoms of the flu or a cold.
7. Your first follow-up visit will be in \_\_\_\_\_ days. Call the office as soon as possible to make the appointment.

Doctor \_\_\_\_\_

Phone Number \_\_\_\_\_

Nurse \_\_\_\_\_

Phone Number \_\_\_\_\_

