

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Camu-camu has not been shown to prevent or treat cancer in humans.

Camu-camu is a small plant that grows in South America. Laboratory studies and a small study in humans have shown that the fruits have antioxidant and anti-inflammatory properties. More research is needed. Because camu-camu has high amounts of [vitamin C](#), it may interfere with certain chemotherapy drugs.

## What are the potential uses and benefits?

- Cancer  
Camu-camu has not been shown to prevent or treat cancer in humans.
- Immune support  
There is no scientific evidence to support this use.
- Atherosclerosis  
There is no scientific evidence to support this use.
- Arthritis  
This claim is not backed by scientific research.

## What else do I need to know?

Do Not Take if:

You are taking chemotherapy drugs: Camu-camu has high amounts of [vitamin C](#), which may interfere with their activity.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

Camu-camu - Last updated on April 6, 2023

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