

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering
Cancer Center

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What is it?

Coriolus is a mushroom used to help with health issues in traditional Chinese medicine. It also comes as dietary supplements in pills or powders.

What are the potential uses and benefits?

Coriolus is used to:

- Improve general health
- Treat cancer
- Boost the immune system

Coriolus also has other uses that haven't been studied by doctors to see if they work.

It's generally safe to use coriolus in food and tea, but talk with your healthcare providers before taking

coriolus supplements. Herbal supplements are stronger than the herbs you would use in cooking.

They can also interact with some medications and affect how they work. For more information, read the “What else do I need to know?” section below.

What are the side effects?

Side effects of using coriolus may include:

- Dark colored stool (poop)
- Darkening of fingernails

What else do I need to know?

- Talk to your healthcare provider before taking coriolus in any form if you're pregnant or breastfeeding. It is not known if this mushroom is safe.

If you have any questions, contact a member of your care team directly. If you're a patient at MSK and you need to reach a provider after 5 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

Coriolus versicolor - Last updated on May 31, 2022

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