

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering
Cancer Center

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There is no evidence to support use of stillingia to treat cancer, infections, or other medical conditions.

Stillingia is a root extract. It is known to contain chemicals called diterpene esters, toxic irritants that can cause swelling and inflammation. One lab experiment suggested that diterpene esters can halt the growth of cancer cells, but stillingia has not been studied.

Stillingia root is one of the ingredients in [Hoxsey Herbal Therapy](#), which is promoted as an alternative cancer treatment.

What are the potential uses and benefits?

Evidence is lacking to support claims that stillingia might be able to treat:

- Bronchitis
- Chest congestion

- Cancer as part of Hoxsey Herbal Therapy
- Constipation
- Hemorrhoids
- Laryngitis
- Skin abscesses
- Muscle spasms
- Syphilis

What are the side effects?

- Dizziness
- Burning sensation on mucous membranes
- Diarrhea
- Nausea
- Vomiting
- Muscle aches
- Skin itching/eruptions
- Cough
- Fatigue
- Sweating

If you have any questions, contact a member of your care team directly. If you're a patient at MSK and you need to reach a provider after 5 p.m., during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

Stillingia - Last updated on June 30, 2022

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