

Ready to start planning your care? Call us at [646-926-0945](tel:646-926-0945) to make an appointment.

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Memorial Sloan Kettering  
Cancer Center

[Make an Appointment](#)

[Back](#)

[About Us](#) [Mission](#) [Careers & Treatment](#)

[About Us](#) [About Cancer & Treatment](#)

What can we help you find today?

ABOUT US

[Our mission, vision & core values](#)

[Leadership](#)

[History](#)

[Inclusion & belonging](#)

[Annual report](#)

[Give to MSK](#)

FOR THE MEDIA



## Common Names

- Zestra

Jump to:

[For Patients & Caregivers](#)

[For Healthcare Professionals](#)

## For Patients & Caregivers

Tell your healthcare providers about any dietary supplements you're taking, such as herbs, vitamins, minerals, and natural or home remedies. This will help them manage your care and keep you safe.

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What is  
it?

What are the potential uses and  
benefits?

What are the side  
effects?

What else do I need to  
know?

## For Healthcare Professionals

Clinical  
Summary

Purported Uses and  
Benefits

Mechanism of  
Action

Warnings

Contraindications

Adverse  
Reactions

References

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Email your questions and comments to [about herbs@mskcc.org](mailto:about herbs@mskcc.org) .

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