

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering  
Cancer Center

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provide clear designation of provider responsibilities, oncology and non-oncology, to optimize care coordination, avoid unnecessary use of resources, and ensure that care does not “fall through the cracks.” Patients should be encouraged to provide a copy of the care plan to their primary care providers and other healthcare providers throughout life.

## Elements of a Survivorship Care Plan

### Treatment Summary

Details of the cancer diagnosis

Diagnosis date

Type of cancer

Location

Stage

Histology

Names and contact information of the providers and treatment facilities

Treatments administered

Chemotherapy/biotherapy — regimen, drug, dose, cycles; clinical trial information

Radiation — type, dose, site

Surgery — procedure

## Follow-up Plan

- Specific recommendations for ongoing care
  - Schedule of visits with oncology specialist
  - Surveillance testing for recurrence
  - Identify and manage long-term and late effects
- Health promotional strategies
  - Smoking cessation
  - Alcohol and dietary modifications
  - Regular weight-bearing exercise

## Questions To Be Considered When Implementing Care Plans

- How will the treatment data be collected and from where?
- Who will be responsible for collecting and entering the data?
- What resources will be needed?
- What the services will be included in the follow-up care?
- What guidelines will be followed for surveillance?
- What patient groups will be included?
- When is the most appropriate time to review the survivorship care plan with patients — at the end of treatment or sometime later?
- Should there be a formal transition visit?
- Who will receive the care plan?
- Will the care plan be stored electronically?
- Will the care plan be periodically updated?

## Online Resources for Survivorship Planning

American Society of Clinical Oncology	<a href="#">Care plan templates, guidelines for breast and colorectal cancer follow-up.</a>
Journey Forward	<a href="#">Tool for developing care plans based on ASCO recommendations.</a>
National Comprehensive Cancer Network	<a href="#">Disease-specific treatment follow-up guidelines</a> Registration is required, but access to these guidelines is free.
LiveStrong Care Plan Powered by Penn Medicine's OncoLink	<a href="#">Patients can develop their own care plan to be reviewed by their healthcare team</a>
Memorial Sloan Kettering Cancer Center	<a href="#">Treatment summary and care plan</a>

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