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Cancer Center

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## Exercise Oncology Program

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[Our mission, vision & core values](#)

[Leadership](#)

[History](#)

[Equality, diversity & inclusion](#)

[Annual report](#)

[Give to MSK](#)



Lee Jones  
Head, Exercise Oncology Program and Principal Investigator



Jessica Scott  
Principal Investigator



Neil Iyengar  
Principal Investigator



Anthony Yu  
Principal Investigator

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**Mission:** To conduct innovative research investigating the impact of precision exercise therapy across the cancer continuum

**Objective:** To change the landscape of cancer care by challenging the prevailing dogma of exercise as a “one size, fits all” therapy to one in which it is matched to the individual on the basis of physiological characteristics and/or the molecular profile of the person or tumor to deliver precision exercise medicine.

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## Featured News



### [Does Exercise Improve Survival After a Cancer Diagnosis? An Encouraging New Study](#)

Friday, September 15, 2023

Learn how exercise can help many people live longer after they are diagnosed with cancer, according to a new study led by MSK exercise scientist Lee Jones, Chief of the Exercise-Oncology Service.

## Publications

Lavery JA, Boutros PC, Tammela T, Moskowitz CS, Jones LW. Association of exercise with pan-cancer incidence and overall survival. *Cancer Cell*, 2024. PMID: 38181796. <https://pubmed.ncbi.nlm.nih.gov/38181796/>

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Lavery JA, Boutros PC, Tammela T, Moskowitz CS, Jones LW. A pan-cancer analysis of post-diagnosis exercise and mortality. *J Clin Oncol*, 2023. PMID. 37651670. <https://pubmed.ncbi.nlm.nih.gov/37651670/>

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Scott JM, Lee J, Herndon JE, Michalski MG, Lee CP, O'Brien KA, Sasso JP, Yu AF, Rowed KA, Bromberg JF, Traina TA, Gucalp A, Sanford RA, Gajria D, Modi S, Comen EA, D'Andrea G, Blinder VS, Eves ND, Peppercorn JM, Moskowitz CS, Dang CT, Jones LW. Timing of exercise therapy in patients initiating adjuvant chemotherapy for breast cancer: A randomized trial. *Eur Heart J*, 2023. PMID: 36806405. <https://pubmed.ncbi.nlm.nih.gov/36806405/>

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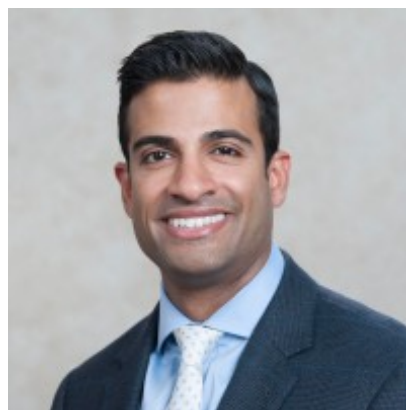
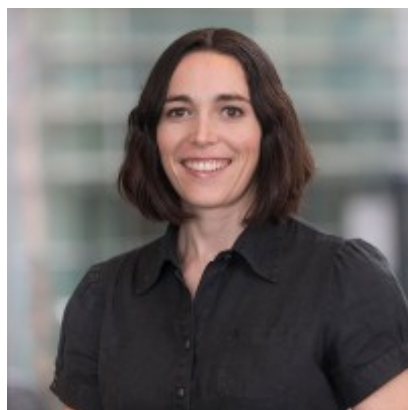
Find more of Dr. Lee Jones' work [here](#)

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Find more of Dr. Jessica Scott's work [here](#)

[View All Publications](#)

## People



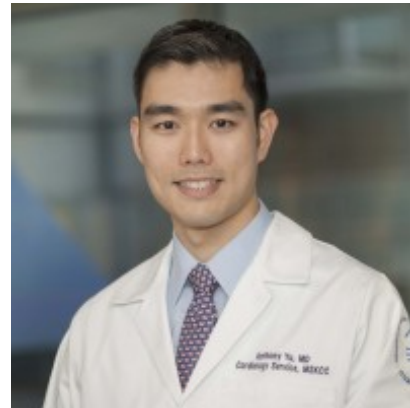
Lee  
Jones

Head, Exercise Oncology  
Program and Principal  
Investigator

Jessica  
Scott

Principal Investigator

Neil Iyengar  
Principal Investigator

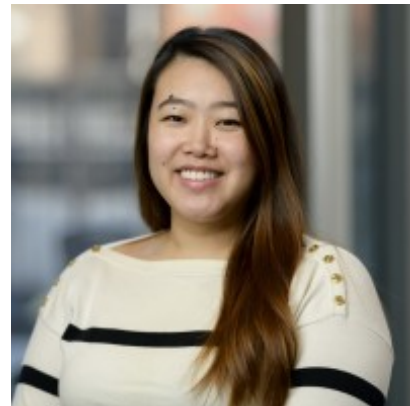


Anthony  
Yu  
Principal Investigator

## Members

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Exercise Physiologist

Alexis Braun  
Exercise Physiologist



Stephanie  
Cao  
Clinical Research  
Specialist





Adele  
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Clinical Research  
Associate



Vanessa  
Castillo

Exercise Physiologist



Olivia Chan

Exercise Physiologist



Su Chun

Clinical Research  
Specialist



Kereshmeh (Keri)  
Collins

Exercise Physiologist



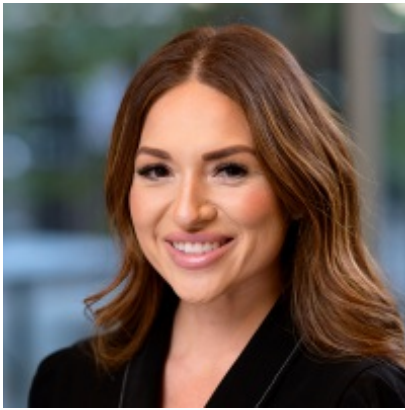
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Gailey  
Clinical Research  
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Courtenay Graham  
Research Technician

Jessica Flores  
Regulatory Research  
Associate

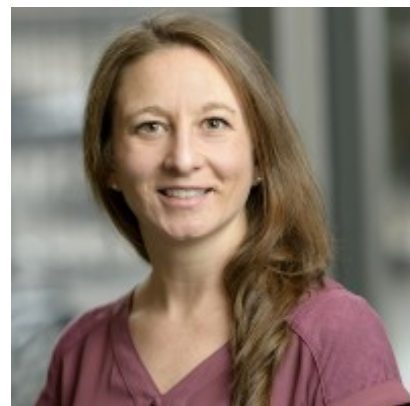


Jenna Harrison  
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Supervisor

Dale  
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Exercise Physiologist



Catherine  
Lee  
Clinical Research Manager



Nancy  
Lee  
Exercise Physiologist

Sarah Lehman  
Lead Exercise Physiologist



Meghan Michalski  
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Senior Office Coordinator

Julia Rabazzi  
Clinical Research  
Coordinator

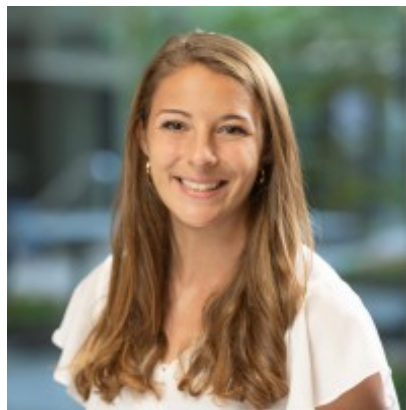
Anna Moffitt  
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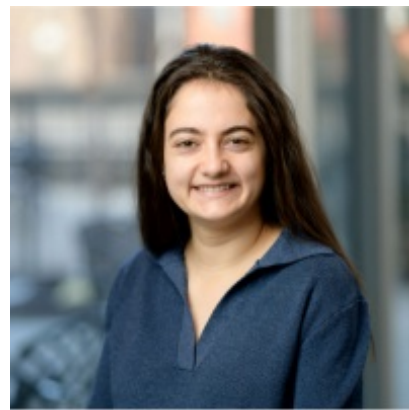
Kurtis  
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Lead Exercise Physiologist



Whitney Underwood  
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Zoe  
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Samantha Zinman  
Clinical Research  
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Alumni  
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Affiliations  
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