

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering
Cancer Center

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Improving Function in Patients with Chemotherapy-Induced Peripheral Neuropathy

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FOR THE MEDIA

Patients with balance problems should change position slowly, consume plenty of water and salt, and wear compression abdominal binders or compression socks to prevent dizziness and falls. Patients with autonomic nerve damage may lower their risk of urinary tract infections with self-catheterization and relieve constipation with appropriate water and fiber intake.

Occupational therapists recommend a variety of strategies to improve daily function, such as putting rubber cement on your computer keyboard to increase tactile sensation; using button hooks to button clothes; and opting for shoes with Velcro closures.

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