

Ready to start planning your care? Call us at [646-926-0945](tel:646-926-0945) to make an appointment.

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Memorial Sloan Kettering
Cancer Center

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Insomnia in Cancer Patients and Survivors

[About Insomnia, Cancer & Treatment](#)

[About Cancer & Treatment](#)

What can we help you find today?

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[Leadership](#)

[History](#)

[Inclusion & belonging](#)

[Annual report](#)

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...drug-drug, drug-food, drug-alcohol, and drug interactions. Cognitive behavioral therapy has been found to be effective in treating chronic insomnia.

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