

Yoga for the Cancer Patient

Agenda

Lectures are between 30 and 60 minutes in length, and all speakers are staff of Memorial Sloan-Kettering. Course agenda under review by the American College of Exercise.

<u>Lecture Topic</u>	<u>Speaker</u>
1. Introduction	Barrie R. Cassileth, MS, PhD <i>Chief, Integrative Medicine Service</i>
2. Understanding Cancer	Gary Deng, MD, PhD, Lac <i>Integrative Medicine Service</i>
3. Breast Cancer	Heather L. McArthur, MD, MPH <i>Breast Oncology Service</i>
4. Colorectal Cancer	Neil H. Segal, MD, PhD <i>Gastrointestinal Oncology Service</i>
5. Lung Cancer	M. Catherine Pietanza, MD <i>Thoracic Oncology Service</i>
6. Prostate Cancer	Gary Deng, MD, PhD, Lac <i>Integrative Medicine Service</i>
7. Lymphoma and Leukemia	Joseph G. Jurcic, MD <i>Leukemia Service</i>
8. Other Cancers	Stephen R. Veach, MD <i>International Oncology Programs</i>
9. Side Effects of Cancer Therapies	Simon Yeung, MBA, PharmD, LAc <i>Integrative Medicine Service</i>
10. Pain Management	Susan A. Derby, RN, MA, BC-GNP <i>Pain and Palliative Care Service</i>
11. Psychological Issues	Robert Schmehrer, LCSW <i>Integrative Medicine Service</i>
12. Herb-Drug Interactions	Simon Yeung, MBA, PharmD, LAc <i>Integrative Medicine Service</i>
13. Nutrition and Physical Activity	Kathleen Wesa, MD <i>Integrative Medicine Service</i>

14. Understanding Research and Clinical Trials	Andrew Vickers, PhD <i>Epidemiology and Biostatistics</i>
15. Privacy, Legal, and Safety Issues	Roger Parker, Esq., RN, MA, JD <i>Senior Vice President & General Counsel,</i>
16. Patient Interview	Gary Deng, MD, PhD, Lac <i>Integrative Medicine Service</i>
17. Yoga for the Cancer Patient	Kathleen Wesa, MD <i>Integrative Medicine Service</i>
18. Biology of Yoga	Dawn Lemanne, MD <i>Integrative Medicine Service</i>
19. Toolkit for Yoga Therapists: Addressing Anxiety, Depression, and Other Symptoms	Lara Benusis, E-RYT 500 <i>Integrative Medicine Service</i>
20. In-Patient Yoga Demonstration	Lara Benusis, E-RYT 500 <i>Integrative Medicine Service</i>
21. Meditation and Yoga	Robert Schmeh, LCSW <i>Integrative Medicine Service</i>
22. Restorative Yoga	Karen Altschuler, MS, E-RYT <i>Integrative Medicine Service</i>
22. Restorative Yoga Demonstration	Karen Altschuler, MS, E-RYT <i>Integrative Medicine Service</i>
23. Asana Modifications during Various Cancer Treatments	Lara Benusis, E-RYT 500 <i>Integrative Medicine Service</i>