



Memorial Sloan Kettering  
Cancer Center

# Community M A T T E R S

NEWS FROM MEMORIAL SLOAN KETTERING CANCER CENTER - COMMACK

## Sharing Knowledge Through Multiple Channels

Part of our everyday work at Memorial Sloan Kettering is to help people better understand cancer, in the event that they or a loved one are diagnosed with the disease. Every interaction we have with a patient or a caregiver is guided by our desire to give knowledge and support to those in our care.

To be sure, there is a lot to communicate as we are on the brink of a revolutionary era in cancer treatment. These successes are due in part to advances in molecular oncology and immunity science, two areas where MSK continues to play a leading role in taking findings from the laboratory and translating them into promising treatments. Several MSK initiatives with great potential to improve patients' lives have been recognized recently, including:

- Development of a cell-based therapy to prime the immune system to attack leukemia
- Identification of a genetic mutation that appears to cause ovarian cancer
- Approval of a new immune-based drug treatment (nivolumab or Opdivo™) by the FDA for people with advanced melanoma and people with squamous cell lung cancer

We are excited by these and other advances in cancer care and are eager to share new findings with patients and caregivers. Want to learn more? This issue offers some suggestions.



*Dr. Jimmie C. Holland will present strategies to cope with aging on May 6 at MSK Commack and will be featured in an upcoming PBS documentary, *Cancer: The Emperor of All Maladies*.*

### Watch New PBS Documentary on the Past, Present, and Future of Cancer Treatment

March 30 and 31 and April 1  
at 9:00 PM

PBS will air *Cancer: The Emperor of All Maladies*, a six-hour television event from filmmaker Ken Burns based on the Pulitzer Prize-winning book by Siddhartha Mukherjee. Visit [www.mskcc.org/morescience](http://www.mskcc.org/morescience) for more information about the MSK clinicians and scientists featured in the film and for opportunities to ask them your questions.

### Attend our Surviving Cancer Lecture Series

Thursday, April 16

**What Should I Eat?** Nutrition after Cancer Treatment  
Laura Kelly, MS, RD, CSO, CDN — MSK Clinical Dietitian

Wednesday, May 6

**Character Strengths and Aging**  
Mindy Greenstein, PhD — Clinical Psychologist — Author  
Jimmie C. Holland, MD — MSK Attending Psychiatrist

Wednesday, June 3

**Changes in Thinking and Memory following Cancer Treatment**  
James Root, PhD — MSK Assistant Attending Neuropsychologist

Memorial Sloan Kettering Cancer Center  
650 Commack Road  
Commack, NY

Registration is at 6:00 PM and the program begins at 6:15 PM. If you are interested in attending, please call **631-623-4100**.



2014 Community Service Plan  
Update on Activities to Benefit the Community

## Learn More About Our Community Initiatives

MSK sponsors numerous programs to benefit patients, families, caregivers, and neighborhood residents. Please visit [www.mskcc.org/communityserviceplans](http://www.mskcc.org/communityserviceplans) to read about our efforts to provide cancer education in the community and to increase access to quality cancer care.

To request a copy of our *2014 Community Service Plan* you may also send an email to [communityaffairs@mskcc.org](mailto:communityaffairs@mskcc.org).

## CONTACT US

Patients interested in receiving care at any MSK facility can contact our Physician Referral Service at **800-525-2225**.

We are in-network with most health plans.

Visit [www.mskcc.org/commack](http://www.mskcc.org/commack) for more information.



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# Community M A T T E R S



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## Sun Safety Tips for You and Your Family

As the warm outdoor season starts, bringing with it longer sun-filled days, it is important to follow a few basic safeguards to minimize the harmful effects of the sun. To help prevent skin cancer – the most common cancer in the United States – we recommend that adults and children use a sunscreen product labeled “broad spectrum” that offers a sun protection factor (SPF) of 30 or higher and protects from ultraviolet A rays (UVA) and ultraviolet B rays (UVB). Sun care products that contain ecamazole, 3% avobenzone, and 10% octocrylene work best to protect the skin.

In addition to sunscreen, wear a wide-brimmed hat and light-colored clothing to cover as much of the body as possible, and avoid the use of tanning beds, which emit rays that are known to cause skin cancer. Skin cancer is the most curable when detected early. MSK Hauppauge will offer free skin cancer screening in May for Long Island residents.

## COME FOR A FREE SKIN CANCER SCREENING

**Friday, May 8**  
**9:30 AM – 3:30 PM**

MSK Hauppauge  
800 Veterans Memorial Highway  
Second Floor  
Hauppauge, NY

By appointment only. To make an appointment for skin screening, call **631-863-5100**. Individuals at increased risk for skin cancer are most likely to benefit from screening. Risk factors for skin cancer include *family history of melanoma (two or more blood relatives), multiple atypical moles, and numerous actinic keratoses (scaly patches of skin, gray to pink in color, on sun-exposed areas of the body)*.