

Ready to start planning your care? Call us at [646-926-0945](tel:646-926-0945) to make an appointment.

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Cancer Center

[Make an Appointment](#)

[Back](#)

Search 

[About Us](#) [Our Mission, Vision & Treatment](#)

[Leadership](#) [About Cancer & Treatment](#)

ABOUT US

[Our mission, vision & core values](#)

[Leadership](#)

[History](#)

[Inclusion & belonging](#)

[Annual report](#)

[Give to MSK](#)



Common Names

- Ashwagandha
- Indian ginseng
- Winter cherry

Jump to:

[For Patients & Caregivers](#)

[For Healthcare Professionals](#)

For Patients & Caregivers

Tell your healthcare providers about any dietary supplements you're taking, such as herbs, vitamins, minerals, and natural or home remedies. This will help them manage your care and keep you safe.

What is
it?

What are the potential uses and
benefits?

What are the side
effects?

What else do I need to
know?

For Healthcare Professionals

Scientific
Name

Clinical
Summary

Purported Uses and
Benefits

Mechanism of
Action

Warnings

Contraindications

Adverse
Reactions

Herb-Drug Interactions

Herb Lab
Interactions

References

Go

Email your questions and comments to aboutherbs@mskcc.org .

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