PATIENT & CAREGIVER EDUCATION

Calcipotriene and Betamethasone

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Attero; Enstilar; Taclonex; Wynzora

Brand Names: Canada

Dovobet; Enstilar; TARO-Calcipotriol/Betamethason; TEVA-Betamethasone/Calcipotrio; Wynzora

What is this drug used for?

- It is used to treat plaque psoriasis.
- It may be given to you for other reasons. Talk with the doctor.

What do I need to tell my doctor BEFORE I take this drug?

- If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have high calcium levels.
- If you have a skin infection.
- If you have thinning of the skin where you are putting this drug.

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC,

natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take this drug?

All products:

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Have blood work checked as you have been told by the doctor. Talk with the doctor.
- Talk with your doctor before you use other drugs or products on your skin. This includes soaps.
- If you are getting any kind of light therapy, talk with your doctor.
- Do not put on cuts, scrapes, or damaged skin.
- Use care when putting on a large part of the skin or where there are open wounds. Talk with the doctor.
- Do not use more than what your doctor told you to use. Do not use more often or longer than what you were told. Doing any of these things may raise the chance of very bad side effects.
- You may get sunburned more easily. Avoid sun, sunlamps, and tanning beds. Use sunscreen and wear clothing and eyewear that protects you from the sun.
- This drug may raise the chance of cataracts or glaucoma. Talk with the doctor.
- Some products are not approved for use in children. Talk with the doctor.
- If the patient is a child, use this drug with care. The risk of some side effects may be higher in children.
- This drug may affect growth in children and teens in some cases. They may

need regular growth checks. Talk with the doctor.

- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.
- If you are using this drug during pregnancy, use this drug on the smallest area of skin and for the shortest time needed.
- If you are breast-feeding, do not put this drug right on the nipple or the area right around it. Avoid contact with the infant's skin.

Foam:

- This drug may catch on fire. Do not use near an open flame or while smoking.

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of high calcium levels like weakness, confusion, feeling tired, headache, upset stomach and throwing up, constipation, or bone pain.
- Signs of a weak adrenal gland like a severe upset stomach or throwing up, severe dizziness or passing out, muscle weakness, feeling very tired, mood changes, decreased appetite, or weight loss.
- Signs of Cushing's syndrome like weight gain in the upper back or belly, moon face, severe headache, or slow healing.
- Signs of high blood sugar like confusion, feeling sleepy, unusual thirst or hunger, passing urine more often, flushing, fast breathing, or breath that

smells like fruit.

- Skin changes (pimples, stretch marks, slow healing, hair growth).
- Irritation where this drug was used.
- Skin breakdown where this drug is used.
- Change in color of skin.
- Change in eyesight.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

All products:

- Itching.

Cream:

- Signs of a common cold.
- Headache.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at https://www.fda.gov/medwatch.

How is this drug best taken?

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

All products:

- Do not take this drug by mouth. Use on your skin only. Keep out of your mouth, nose, and eyes (may burn).
- Do not put on the face, underarms, or the groin area. Do not put on skin that is thinning.
- Do not put in the vagina.
- Wash your hands before and after use. If your hand is the treated area, do not wash your hand after use.
- Put a thin layer on the affected skin and rub in gently.
- Do not use coverings (bandages, dressings, make-up) unless told to do so by the doctor.

Gel and suspension:

- Shake well before use.
- To use on the scalp, part your hair. Squeeze a drop of this drug onto your fingertip. Use your fingers to apply this drug to the affected scalp area. Rub in gently and let it dry.
- Do not bathe, shower, or wash hair right after using.
- Do not put this drug on the scalp within 12 hours before or 12 hours after getting any chemical hair treatment.

Foam:

- Shake well before use.

What do I do if I miss a dose?

- Put on a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not put on 2 doses at the same time or extra doses.

How do I store and/or throw out this drug?

All products:

- Store at room temperature. Do not freeze.
- Keep lid tightly closed.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Cream, foam, gel, or suspension:

- After opening, throw away any part not used after 6 months. Do not use past the expiration date.

Gel and suspension:

- Do not refrigerate.
- Store in the outer carton.

Cream:

- Protect from heat and light.

Foam:

- Protect from heat or open flame. Do not puncture or burn even if it seems empty.

General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.

- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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