

PATIENT & CAREGIVER EDUCATION

Benztropine

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Cogentin [DSC]

Brand Names: Canada

Benztropine Omega; PDP-Benztropine

What is this drug used for?

- It is used to treat side effects caused by some other drugs.
- It may be given to your child for other reasons. Talk with the doctor.

What do I need to tell the doctor **BEFORE** my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has a very bad muscle problem called tardive dyskinesia.
- If your child has glaucoma.
- If your child is younger than 3 years of age. Do not give to a child younger than 3 years of age.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Have your child avoid tasks or actions that call for alertness until you see how this drug affects your child. These are things like riding a bike, playing sports, or using items such as scissors, lawnmowers, electric scooters, toy cars, or motorized vehicles.
- Very bad bowel block (paralytic ileus), fever, and heat stroke have happened when this drug was taken along with certain other drugs. Sometimes, these health problems have been deadly. Be sure to check all drugs your child is taking with the doctor and pharmacist.
- Good mouth care, sucking hard, sugar-free candy, or chewing sugar-free gum may help with dry mouth. Have your child see a dentist often.
- If the patient is a child, use this drug with care. The risk of some side effects may be higher in children.

If your child is pregnant or breast-feeding a baby:

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Mental, mood, or behavior changes that are new or worse.
- Hallucinations (seeing or hearing things that are not there).
- Feeling confused.
- Change in eyesight, eye pain, or severe eye irritation.
- Trouble swallowing or speaking.
- Decreased appetite.
- Weight loss.
- Trouble passing urine.
- Pain when passing urine.
- A fast heartbeat.
- Larger pupils.
- Memory problems or loss.
- Severe constipation or stomach pain. These may be signs of a severe bowel problem.
- Weakness.
- Trouble moving around.
- Numbness of fingers.
- Sweating less, heat stroke, and deadly high body temperatures have

happened with this drug. Have your child be careful in hot weather and while your child is being active. Call the doctor right away if your child has a fever or does not sweat during activities or in warm temperatures.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Constipation.
- Upset stomach or throwing up.
- Dry mouth.
- Feeling nervous and excitable.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

Tablets:

- Keep giving this drug to your child as you have been told by your child's doctor or other health care provider, even if your child feels well.
- Have your child drink lots of noncaffeine liquids every day unless told to drink less liquid by your child's doctor.

Injection:

- It is given as a shot into a muscle or vein.

What do I do if my child misses a dose?

Tablets:

- Give a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not give 2 doses at the same time or extra doses.

Injection:

- Call your child's doctor to find out what to do.

How do I store and/or throw out this drug?

Tablets:

- Store at room temperature in a dry place. Do not store in a bathroom.

Injection:

- If you need to store this drug at home, talk with your child's doctor, nurse, or pharmacist about how to store it.

All products:

- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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