

PATIENT & CAREGIVER EDUCATION

Outpatient Cellular Therapy Temperature and Liquid Intake Log

Bring this log to all your appointments. We'll give you a new log each week.

Temperature

Take your temperature every 4 hours while you're awake. Write the date and your temperature below.

- Call your doctor or APP if you have a fever of 100.4 °F (38 °C) or higher.
- If you feel a chill, take your temperature, then call your doctor or APP.
 - During the day (between 8 a.m. and 8 p.m.), call the Cellular Immunotherapy Unit at 646-608-3150.
 - At night (between 8 p.m. and 8 a.m.), call 212-639-2000. The MSK operator will answer. Ask for the doctor covering bone marrow transplant.

Date	4 a.m.	8 a.m.	12 p.m. (noon)	4 p.m.	8 p.m.	12 a.m. (midnight)

Liquid Intake

Measure all the liquids you drink. Write the type and amount (in ounces) below. The first row is filled out as an example.

Liquid Intake Date Total Decaf Sports Iced tea Water Smoothie Water coffee drink January 20 64 OZ 8 0Z 12 OZ 14 OZ 12 OZ 8 OZ 10 OZ

Your goal is to drink 2 liters (64 ounces) every day. 1 cup is equal to 8 ounces.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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