

## PATIENT & CAREGIVER EDUCATION

# Procarbazine

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

## Brand Names: US

Matulane

## Brand Names: Canada

Matulane

## What is this drug used for?

- It is used to treat a type of lymphoma.
- It may be given to your child for other reasons. Talk with the doctor.

## What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has any of these health problems: Low white blood cell count, low platelet count, or low red blood cell count.
- If your child has recently had radiation or other chemo.
- If your child takes any drugs (prescription or OTC, natural products, vitamins) that must not be taken with this drug, like certain drugs that are used for coughs and colds, depression, or weight loss. There are many drugs that must not be taken with this drug.

## **If your child is breast-feeding a baby:**

- Be sure your child does not breast-feed a baby while taking this drug.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

## **What are some things I need to know or do while my child takes this drug?**

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Your child may bleed more easily. Make sure your child is careful and avoids injury. Be sure your child has a soft toothbrush.
- Your child may have more chance of getting infections. Have your child wash hands often. Avoid crowds and people with infections, colds, or flu.
- Other cancers have happened when this drug was used with cancer drugs. Talk with the doctor.
- If your child has an upset stomach or diarrhea, is throwing up, or decreased appetite, talk with the doctor. There may be ways to lower these side effects.
- Have your child's blood work and other lab tests checked as you have been told by the doctor.
- Talk with the doctor before your child gets any vaccines. Use of some vaccines with this drug may either raise the chance of very bad infection or make the vaccine not work as well.
- Alcohol may interact with this drug. Be sure your child does not drink alcohol.

- Talk with your child's doctor before your child uses marijuana, other forms of cannabis, or prescription or OTC drugs that may slow your child's actions.
- Do not let your child smoke, chew tobacco, or use other products that have nicotine while using this drug.
- Some foods and drinks, like cheese and red wine, may cause sudden, severe high blood pressure when your child is taking this drug. This effect can be deadly. Talk with your child's doctor about your child's risk for this effect. Get a list of foods and drinks to avoid. Have your child avoid these foods and drinks for as long as your child's doctor told you after this drug is stopped.
- If this drug is stopped, have your child follow diet for at least 2 more weeks.
- If the patient is a child, use this drug with care. The risk of some side effects may be higher in children.
- This drug may affect fertility. Fertility problems may lead to not being able to get pregnant or father a child. If your child plans to get pregnant or father a child, talk with the doctor before your child takes this drug.

### **If your child is or may be sexually active:**

- This drug may cause harm to an unborn baby. Your child must use birth control while taking this drug. If your child gets pregnant, call your child's doctor right away.

### **What are some side effects that I need to call my child's doctor about right away?**

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.

- Signs of infection like fever, chills, very bad sore throat, ear or sinus pain, cough, more sputum or change in color of sputum, pain with passing urine, mouth sores, or wound that will not heal.
- Signs of bleeding like throwing up or coughing up blood; vomit that looks like coffee grounds; blood in the urine; black, red, or tarry stools; bleeding from the gums; abnormal vaginal bleeding; bruises without a cause or that get bigger; or bleeding you cannot stop.
- Signs of liver problems like dark urine, tiredness, decreased appetite, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.
- Shortness of breath.
- Very bad dizziness or passing out.
- A fast heartbeat.
- Swelling.
- Diarrhea.
- A burning, numbness, or tingling feeling that is not normal.
- Feeling confused.
- Change in eyesight, eye pain, or severe eye irritation.
- If bright lights bother your child's eyes.
- Hearing loss.
- Shakiness.
- Seizures.
- Change in balance.
- Falls.
- Mouth irritation or mouth sores.
- Trouble swallowing.
- Not able to control eye movements.
- Depression or other mood changes.

- Hallucinations (seeing or hearing things that are not there).
- Bad dreams.
- Passing urine more often.
- Sweating a lot.
- Slurred speech.
- For males, enlarged breasts.

## **What are some other side effects of this drug?**

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Hair loss.
- Constipation, stomach pain, upset stomach, throwing up, or decreased appetite.
- Feeling dizzy, sleepy, tired, or weak.
- Dry mouth.
- Headache.
- Muscle or joint pain.
- Trouble sleeping.
- Change in color of skin.
- Flushing.
- Feeling nervous and excitable.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

## How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- Give this drug with a full glass of water.
- Give this drug with or without food.
- How this drug is taken may change based on blood work results, side effects, and how well the drug is working.

## What do I do if my child misses a dose?

- Give a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not give 2 doses at the same time or extra doses.

## How do I store and/or throw out this drug?

- Store at room temperature in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

## General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any

questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.

- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

## Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at <https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms>.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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