



Screening Mammograms at MSK

A mammogram is an X-ray of your breast. Screening mammograms can find cancer before you have symptoms, when it's easier to treat.

Having Your Screening Mammogram at MSK

MSK offers breast tomosynthesis, also called 3D screening mammography. Anyone who needs a screening mammogram will get this 3D mammogram.

The technology is better because it finds more cancers than other mammograms. These pictures are so detailed that most people will not need to come back for more images.

This type of mammogram takes more time for your doctor (radiologist) to read and interpret. This means you will not get the results of your mammogram during your imaging appointment.

What You Can Expect After Your Screening Mammogram

After your appointment, we will send you a letter with the results of your screening mammogram by mail. The results will also be available in MSK MyChart, your patient portal, the next business day (Monday through Friday).

If you do not have an MSK MyChart account, you can sign up at mskmychart.mskcc.org.

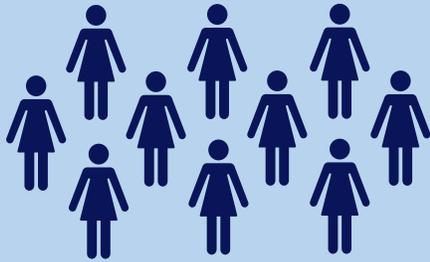
If you get a call about needing more images, it does not mean you have cancer. It means the radiologist wants to see an area more clearly. You will then be scheduled for a diagnostic mammogram which takes more detailed images of a specific area in your breast, or a diagnostic ultrasound. Sometimes you will be scheduled for both. Most of the time your mammogram will be found to be normal after these additional images are taken.



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Screening Mammogram Follow-up Tests

Out of every 100 people who get a screening mammogram, 90 will have normal results.



Only **10** people will need to come back for **more testing**



6 of them will have **normal mammogram results**



2 should have a **needle biopsy**



2 will be asked to come back for a **follow-up exam** in 6 months

Source: mammography-saves-lives.org

Diagnostic images are more detailed than screening mammograms. They use different techniques for focusing on a specific area of your breast. These images help your radiologist to make a diagnosis if there are signs or symptoms of breast cancer.

Key Points to Remember

- Screening mammograms can find cancer before you have symptoms.
- Breast tomosynthesis, also called 3D screening mammography, finds more cancers than other mammogram technology.
- Your mammogram results will be available in MSK MyChart, your patient portal, the next business day (Monday through Friday). We will also send the results by mail.
- We will call you if you need more images. It does not mean you have cancer.

Scheduling Your Screening Mammogram

- If your MSK provider is ordering your mammogram, their office will schedule it for you. You can also call **646-227-3700** to make an appointment.
- If your healthcare provider outside of MSK is ordering your mammogram, ask them to first fax the prescription with their name, address, and phone number to **646-227-7259**. Then call us to schedule at **833-376-1194**. We can't do a mammogram without this prescription, so you may want to also bring a copy of it to your appointment.
- If you have had mammograms, breast imaging, or other exams done somewhere else, ask them to send us a CD of your imaging exams before your appointment. This will let us compare your new results to your older ones. Please contact the MSK location where you are scheduled to have your mammogram for mailing instructions.



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