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It's very important to take your medicines and supplements the right way in the days before your procedure. If you don't, we may need to reschedule your procedure.

Anticoagulants (blood thinners)

A blood thinner is a medicine that changes how your blood clots. Blood thinners are often prescribed to help prevent a heart attack, stroke, or other problems caused by blood clots.

If you take a blood thinner, ask your healthcare provider what to do before your procedure. They may tell you to stop taking it a certain number of days before your procedure. This will depend on the type of procedure you're having and the reason you're taking a blood thinner.

Here are some examples of blood thinners. There are others, so be sure your care team knows all the medicines you take. **Do not stop taking your blood thinner without talking with a member of your care team.**

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| <ul style="list-style-type: none">• Apixaban (Eliquis®)• Aspirin• Celecoxib (Celebrex®)• Cilostazol (Pletal®)• Clopidogrel (Plavix®)• Dabigatran (Pradaxa®)• Dalteparin (Fragmin®)• Dipyridamole (Persantine®)• Edoxaban (Savaysa®)• Enoxaparin (Lovenox®)• Fondaparinux (Arixtra®)• Heparin injection (shot) | <ul style="list-style-type: none">• Meloxicam (Mobic®)• Nonsteroidal anti-inflammatory drugs (NSAIDs), such as ibuprofen (Advil®, Motrin®) and naproxen (Aleve®)• Pentoxifylline (Trental®)• Prasugrel (Effient®)• Rivaroxaban (Xarelto®)• Sulfasalazine (Azulfidine®, Sulfazine®)• Ticagrelor (Brilinta®)• Tinzaparin (Innohep®)• Warfarin (Jantoven®, Coumadin®) |
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Other medicines and supplements can change how your blood clots. Examples include vitamin E, fish oil, and nonsteroidal anti-inflammatory drugs (NSAIDs). Read *How To Check if a Medicine or Supplement Has Aspirin, Other NSAIDs, Vitamin E, or Fish Oil* (www.mskcc.org/cancer-care/patient-education/common-medications-containing-aspirin-and-other-nonsteroidal-anti-inflammatory-drugs-nsaids). It will

help you know which medicines and supplements you may need to avoid before your procedure.

Diabetes medicines

You may be taking insulin or other diabetes medicines. If so, talk with your MSK healthcare provider and the healthcare provider who prescribes it. Ask them what to do before your surgery or procedure. You may need to stop taking the medicine or take a different dose (amount) than usual. You may also need to follow different eating and drinking instructions before your surgery or procedure. Follow your healthcare provider's instructions.

Your care team will check your blood sugar levels during your surgery or procedure.

GLP-1 medicines for weight loss

It's important to tell your healthcare provider if you take a GLP-1 medicine. You must follow special eating and drinking instructions before your surgery or procedure. It is very important to follow these instructions. If you do not follow them, your surgery or procedure may be delayed or canceled.

- Follow a clear liquid diet the day before your surgery or procedure. Do not eat any solid food. Read *Clear Liquid Diet* (www.mskcc.org/cancer-care/patient-education/clear-liquid-diet) to learn more.
- Stop drinking 8 hours before your arrival time. Do not eat or drink anything after this time, including clear liquids. You can have small sips of water with your medicines.

To learn more, read *Eating and Drinking Before Your Surgery or Procedure When Taking GLP-1 Medicines* (www.mskcc.org/cancer-care/patient-education/eating-and-drinking-before-your-surgery-or-procedure-when-taking-glp-1-medicines).

Here are some examples of GLP-1 medicines. There are others, so be sure your care team knows all the medicines you take. Sometimes, these are prescribed to help manage diabetes or other conditions. Other times, they're prescribed for weight loss.

- Semaglutide (Wegovy®, Ozempic®, Rybelsus®)
- Dulaglutide (Trulicity®)

- Tirzepatide (Zepbound®, Mounjaro®)
- Liraglutide (Saxenda®, Victoza®)

Diuretics (water pills)

A diuretic is a medicine that helps control fluid buildup in your body. Diuretics are often prescribed to help treat hypertension (high blood pressure) or edema (swelling). They can also be prescribed to help treat certain heart or kidney problems.

You may be taking a diuretic. If so, ask the healthcare provider doing your procedure what to do before your procedure. You may need to stop taking it the day of your procedure.

Here are some examples of diuretics. There are others, so be sure your care team knows all the medicines you take.

- Bumetanide (Bumex®)
- Furosemide (Lasix®)

- Hydrochlorothiazide (Microzide®)
- Spironolactone (Aldactone®)

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Arrange for someone to take you home

You must have a responsible care partner take you home after your procedure. A responsible care partner is someone who can help you get home safely. They should be able to contact your care team if they have any concerns. Make sure to plan this before the day of your procedure.

If you don't have a responsible care partner to take you home, call one of the agencies below. They'll send someone to go home with you. There's a charge for this service, and you'll need to provide transportation. It's OK to use a taxi or car service, but you still need a responsible care partner with you.

Agencies in New York

VNS Health: 888-735-8913

Caring People: 877-227-4649

Agencies in New Jersey

Caring People: 877-227-4649

Tell us if you're sick

If you get sick (including having a fever, cold, sore throat, or flu) before your procedure, call your IR doctor. You can reach them Monday through Friday from 9 a.m. to 5 p.m.

After 5 p.m., during the weekend, and on holidays, call 212-639-2000. Ask for the Interventional Radiology fellow on call.

Note the time of your appointment

A staff member will call you 2 business days before your procedure. If your procedure is scheduled for a Monday, they'll call you on the Thursday before. They'll tell you what time to get to the hospital for your procedure. They will also remind you where to go.

If you don't get a call by noon (12 p.m.) on the business day before your procedure, call 646-677-7001. If you need to cancel your procedure for any reason, call the healthcare provider who scheduled it for you.





Instructions for eating

Important: If you take a GLP-1 medicine, do not follow these instructions. Follow the instructions in *Eating and Drinking Before Your Surgery or Procedure When Taking GLP-1 Medicines* (www.mskcc.org/cancer-care/patient-education/eating-and-drinking-before-your-surgery-or-procedure-when-taking-glp-1-medicines) instead.



Stop eating at midnight (12 a.m.) the night before your surgery or procedure. This includes hard candy and gum.

Your healthcare provider may have given you different instructions for when to stop eating. If so, follow their instructions. Some people need to fast (not eat) for longer before their surgery or procedure.



Instructions for drinking

Important: If you take a GLP-1 medicine, do not follow these instructions. Follow the instructions in *Eating and Drinking Before Your Surgery or Procedure When Taking GLP-1 Medicines* (www.mskcc.org/cancer-care/patient-education/eating-and-drinking-before-your-surgery-or-procedure-when-taking-glp-1-medicines) instead.

Between midnight (12 a.m.) and 2 hours before your arrival time, only drink the liquids on the list below. Do not eat or drink anything else. Stop drinking 2 hours before your arrival time.

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- A red prohibition sign (a circle with a diagonal slash) over a stylized illustration of a glass, a fork, and a knife, indicating that eating or drinking is prohibited.

Your healthcare provider may have given you different instructions for when to stop drinking. If so, follow their instructions.

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- 本公司（以下简称“公司”）为扩大经营规模，提升市场竞争力，特在国内外多个地区设立分支机构，以更好地服务客户，拓展市场份额。目前，公司已成功在多个国家和地区建立了稳定的业务网络，并取得了显著的经营成果。
- 本公司拥有自主知识产权的核心技术（以下简称“核心技术”），该技术具有创新性、先进性和实用性，已在多个领域得到广泛应用。目前，公司已申请并获得多项专利，核心技术已成为公司竞争力的重要支撑。
- 本公司拥有完善的管理制度和规范的运营流程，能够有效保障公司的正常运营和持续发展。目前，公司已建立起一套科学、合理的管理体系，为公司的长期发展奠定了坚实的基础。
- 本公司拥有优秀的管理团队和专业的技术人才，能够为客户提供高质量的产品和服务。目前，公司已吸引了一批行业精英加入，为公司的发展注入了强大的动力。

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- **Pre-Admission Assessment:** Conduct a thorough pre-admission assessment, including a physical examination, laboratory tests, and a review of medical history, to identify potential complications and tailor the care plan accordingly.
- **Respiratory Support:** Implement appropriate respiratory support, such as CPAP or BiPAP, to maintain oxygenation and ventilation, and monitor for signs of respiratory distress or failure.
- **Fluid Management:** Monitor fluid balance closely, including intake and output, and adjust fluid administration as needed to maintain euvolemia and prevent fluid overload.
- **Medication Management:** Administer medications as prescribed, including diuretics, vasodilators, and sedatives, and monitor for adverse effects and drug interactions.
- **Advance Directives:** Review and discuss advance directives with the patient and family, ensuring that the care plan aligns with the patient's wishes and values.
- **Communication:** Maintain clear and frequent communication with the patient, family, and the interdisciplinary team, including the physician, nurses, respiratory therapists, and social workers.

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2022 年 12 月 31 日止，本公司及子公司共拥有 1 处房屋所有权，账面价值 1,000.00 元，账面原值 1,000.00 元，累计折旧 0.00 元，减值准备 0.00 元。

