

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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Memorial Sloan Kettering
Cancer Center

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Cognitive Behavioral Therapy for Individuals, Couples, and Families

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[Dr. Zaider's Office Information](#) 



Languages: English

Request an Appointment

Our Care Advisors can answer many of your questions. They will connect you with the best healthcare provider for your needs.

Call 646-888-0200

[Make an appointment](#)

About Me

Get To Know Me

I am a licensed clinical psychologist with expertise in couple and family therapy. I help individuals, couples, or families who are struggling with difficulties in communication, decision-making, conflict management, or in coping with the general strain brought by illness.

As a psychologist and family therapist, I provide oversight of our Family Therapy Clinic, housed within the Memorial Sloan Kettering Counseling Center. The clinic consists of a multidisciplinary group of social workers, psychiatrists, and psychologists who specialize in couple and family therapy. I work with this team to advance support of the family throughout the cancer journey. In addition, I provide supportive and cognitive behavioral therapy to individuals distressed by cancer-related issues.

[Read more](#)

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My Role at MSK

A psychologist has special training in therapy to help people with mental and behavioral health issues.

Areas of Expertise

My Specialties

Cognitive Behavioral Therapy for Individuals, Couples, and Families

Education & Honors

Education

PhD, Temple University

Advanced training in couple and family therapy, Ackerman Institute for the Family

Residencies

NewYork-Presbyterian Hospital/Weill Cornell Medical Center

Fellowships

Memorial Sloan Kettering Cancer Center

Board Certifications

Insurance Information

Understanding your insurance options is an important part of managing your cancer care. We have relationships with many common healthcare providers and plans.

Don't see your carrier or plan? [We can help you understand your coverage.](#)

If you don't have health insurance or are worried that your care may not be fully covered, our [financial assistance](#) programs may be able to help.

If you have questions about insurance, call us at [646-497-9176](#).

Make an Appointment



New Patients

Scheduling an appointment is easy. Click or call [646-888-0200](tel:646-888-0200)— we’re available Monday through Friday, 8 a.m. to 6 p.m. (Eastern time)

[Make an Appointment](#)

Current Patients

Request an appointment by logging on to MyMSK or calling your doctor's office. If you aren't registered for MyMSK, call [646-227-2593](tel:646-227-2593) for your Enrollment ID.

Contact and Location

Dr. Zaider sees patients at one location.


Office Phone

 [646-888-0031](tel:646-888-0031)

Location

 New York, NY

[Rockefeller Outpatient Pavilion](#)

 160 East 53rd Street
New York, NY 10022
[Get Directions](#)

Looking to see a doctor at a different location? [See all MSK locations.](#)

Colleagues

Doctors at Memorial Sloan Kettering work as teams, with specialists from all different areas. This allows us to consider all your needs together, and to give you the best possible care.

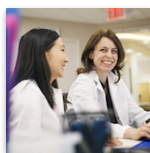
[See all Affiliated Faculty doctors](#) 

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Clinical Trials

Clinical Trials Investigated by Dr. Zaider

[Evaluation of Grief Therapy Approaches for Bereaved Parents](#)



Find a Clinical Trial for You

Memorial Sloan Kettering's doctors and scientists are constantly developing new treatments for cancer. MSK is typically running hundreds of clinical trials at a given time.

You may be able to participate in a clinical trial even if you are new to MSK. Search our online directory to find trial information and see more about who can participate.

[Search clinical trials](#) →

Research and Publications

Publications on PubMed

Visit PubMed for a full listing of Dr. Zaider's journal articles. Pubmed is an online index of research papers and other articles from the US National Library of Medicine and the National Institutes of Health.

[See all on PubMed](#) →

Disclosures

Doctors and faculty members often work with pharmaceutical, device, biotechnology, and life sciences companies, and other organizations outside of MSK, to find safe and effective cancer treatments, to improve patient care, and to educate the health care community.

MSK requires doctors and faculty members to report ("disclose") the relationships and financial interests they have with external entities. As a commitment to transparency with our community, we make that information available to the public.

Talia I. Zaider discloses the following relationships and financial interests:

No disclosures meeting criteria for time period

If you're a patient at MSK and would like more information about your doctor's external relationships, please talk with your doctor.

The information published here is for a specific annual disclosure period. There may be differences between information on this and other public sites as a result of different reporting periods and/or the various ways relationships and financial interests are categorized by organizations that publish such data.

This page and data include information for a specific MSK annual disclosure period (January 1, 2022 through disclosure submission in spring 2023). This data reflects interests that may or may not still exist. This data is updated annually.

Learn more about MSK's COI policies [here](#). For questions regarding MSK's COI-related policies and procedures, email MSK's Compliance Office at ecoi@mskcc.org.

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