

Ready to start planning your care? Call us at [800-525-2225](tel:800-525-2225) to make an appointment.

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## FOR THE MEDIA

### What is it?

Insulin potentiation therapy has not been shown to treat or prevent cancer.

Insulin potentiation therapy involves administering insulin at the same time as chemotherapy drugs, with the idea that lower chemotherapy doses are then needed because insulin lets more of the drug enter cells. However, this theory has not been proven.

In general, insulin should not be taken by non-diabetics because it can decrease blood sugar to dangerously low levels, causing symptoms such as headache and delirium.

### What are the potential uses and benefits?

- To treat cancer  
Evidence is lacking to support this claim.

## What are the side effects?

- Low blood sugar

## What else do I need to know?

Do Not Take if:

- You do not have diabetes: In general, insulin should not be taken by non-diabetics because it can decrease blood sugar to dangerously low levels, causing symptoms such as headache and delirium.
- You are taking hypoglycemic agents: IPT can have additive effects.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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