PATIENT & CAREGIVER EDUCATION

About Durable Medical Equipment: Bed Canes

This information explains what a bed cane is, how to use it, and where you can buy it.

A bed cane is a device that can help you get in and out of bed easily (see Figure 1). Bed canes are helpful for people who may need extra support to stand up when getting out of bed or sit down when getting into bed.

![Figure 1. Bed cane](image)

How to Use a Bed Cane

To use a bed cane, place the bed cane platform in between your mattress pad and the box spring (see Figure 2). You can place the
bed cane on the right or left side of your bed. Once in place, you can use the handle to support your weight so you can safely stand up, sit down, or lie down in bed.

Figure 2. Bed cane placed between mattress and box spring

Where to Buy a Bed Cane

You can buy a bed cane at the following places:

- Medical supply stores
- Supercenters (such as Wal-Mart)
- Home improvement supply stores (such as Lowe’s or Home Depot)
- Online retailers (such as Amazon)

Insurance plans don’t usually cover bed canes. Check with your insurance provider to find out what your specific plan covers.
If your insurance provider covers bed canes, ask your doctor for a prescription for one. Then you can submit the prescription to your insurance provider after you buy it.

If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

About Durable Medical Equipment: Bed Canes - Last updated on January 18, 2019
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