

#### PATIENT & CAREGIVER EDUCATION

# Breast and Imaging Center (BAIC) Support Services

This information explains the support services available at MSK's Evelyn H. Lauder Breast Center. This is also called the Breast and Imaging Center (BAIC).

# **Food Pantry Program**

646-888-8030

The food pantry program provides food to people in need during their cancer treatment. For more information, talk with your healthcare provider or call the number above.

# Integrative Medicine and Wellness Service

## www.mskcc.org/integrativemedicine

Our Integrative Medicine and Wellness Service offers many services to complement (go along with) traditional medical care. These include music therapy, mind/body therapies, dance and movement therapy, yoga, and touch therapy. To schedule an appointment for these services, call 646-449-1010.

You can also schedule a consultation with a healthcare provider in the Integrative Medicine and Wellness Service. They will work with you to make a plan for creating a healthy lifestyle and managing side effects. To make an appointment, call 646-608-8550.

#### Hours

Monday through Friday from 9 a.m. to 8 p.m. Saturdays from 9 a.m. to 5 p.m.

#### Locations

Bendheim Integrative Medicine Center 205 East 64<sup>th</sup> Street (on 64<sup>th</sup> Street between Second and Third Avenue) New York, NY 10065

Evelyn H. Lauder Breast Center 300 East 66<sup>th</sup> Street at Second Avenue 2<sup>nd</sup> floor New York, NY 10065

## **Nutrition Services**

646-888-4880 or 212-639-7312

www.mskcc.org/nutrition

Registered Dietitian Nutritionists can give you advice on how to eat healthy during and after breast cancer treatment. They can help you manage your weight, and side effects of your cancer treatment. They can also address other concerns about your diet and nutrition.

## Resources for Life After Cancer (RLAC)

646-888-8106

www.mskcc.org/experience/living-beyond-cancer/services-survivors

At MSK, care doesn't end after treatment. The RLAC Program has many services for patients and their families who have finished treatment. These services include seminars, workshops, support groups, counseling on life after treatment, and help with insurance and employment issues.

# **Sexual Health Programs**

Cancer and cancer treatments can have an impact on your sexual health. MSK's sexual health programs can help you take action and address sexual health issues before, during, or after your treatment.

## Female Sexual Medicine and Women's Health Program

646-888-5076

www.mskcc.org/cancer-care/diagnosis-treatment/symptom-management/sexual-health-fertility/health/female-medicine

Our Female Sexual Medicine and Women's Health Program helps people who are dealing with cancer-related sexual health challenges. This includes premature menopause and fertility issues. For more information or to make an appointment, please call the number above.

## Male Sexual and Reproductive Medicine Program

646-888-6024

www.mskcc.org/cancer-care/diagnosis-treatment/symptom-management/sexual-health-fertility/health/male-medicine

Our Male Sexual and Reproductive Medicine Program helps people who are dealing with cancer-related sexual health challenges, including erectile dysfunction. For more information or to make an appointment, please call the number above.

## **Social Work**

646-888-5203 or 646-888-5271

www.mskcc.org/experience/patient-support/counseling/individual-family-counseling/social-work-experts

Our social workers can help you, your family, and your friends cope with common issues for people with cancer. We offer specialized programs, including both in-person and online support groups. We can also help with other issues, such as transportation to and from medical appointments, temporary housing, and financial concerns.

For more information about joining an online support group, you can visit our Virtual Programs website at <a href="https://www.mskcc.org/vp">www.mskcc.org/vp</a>.

# **Spiritual Care Department**

212-639-5982

### www.mskcc.org/spiritual-religious-care

At MSK, our chaplains (spiritual counselors) are available to help support family members. They can listen, pray, contact community clergy or faith groups, or simply be a comforting companion and spiritual presence. Anyone can request spiritual support, no matter their formal religious affiliation. MSK also has an interfaith chapel that's open to everyone.

If you have an emergency, call 212-639-2000 and ask for the chaplain on call.

#### Hours

24 hours a day, 7 days a week

### **Interfaith Chapel Location**

Memorial Hospital (near the main lobby) 1275 York Avenue between 67<sup>th</sup> and 68<sup>th</sup> Streets New York, NY 10065

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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