



PATIENT & CAREGIVER EDUCATION

Blood Pressure Cuffs To Use for Home Blood Pressure Monitoring

This information lists blood pressure cuffs you can use to monitor (keep track of) your blood pressure at home. It also lists where you can buy them.

Your cardiologist (heart doctor) asked you to monitor your blood pressure at home as part of your care at MSK. If you want to, you can choose to monitor your blood pressure at home. You do not have to if you do not want to.

If you choose to monitor your blood pressure at home, you need one of the digital blood pressure cuffs below. The price may be different based on where you buy the cuff.

Withings BPM Connect



Figure 1. Withings
BPM Connect

You can buy a Withings BPM Connect digital blood pressure cuff at:

- www.withings.com
- www.amazon.com
- Best Buy stores or www.bestbuy.com

OMRON Silver (model BP5250)



Figure 2. OMRON Silver

You can buy an OMRON Silver (model BP5250) digital blood pressure cuff at:

- www.omronhealthcare.com
- www.amazon.com
- CVS stores or www.cvs.com
- Target stores or www.target.com
- Best Buy stores or www.bestbuy.com

OMRON 5 Series® (model BP7250)



Figure 3. OMRON 5 Series

You can buy an OMRON 5 Series (model BP7250) digital blood pressure cuff at:

- www.omronhealthcare.com
- www.amazon.com
- CVS stores or www.cvs.com
- Target stores or www.target.com
- Best Buy stores or www.bestbuy.com

iHealth Track (model 550BT)



Figure 4. iHealth Track

You can buy an iHealth Track (model 550BT) digital blood pressure cuff at:

- www.iHealthlabs.com
- www.amazon.com

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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