

## PATIENT & CAREGIVER EDUCATION

# Call! Don't Fall! for Pediatric Patients

This information explains what you can do to keep your child from falling and keep them safe while they're in the hospital.

- Don't let your child ride on their IV pole.
- If your child is under the age of 2 or if they use a crib at home, they must use a crib in the hospital.
- Speak to your nurse about your child's medications. Certain medications increase your child's risk of falling.
- Don't let your child lean on furniture that has wheels (such as their overbed table, bedside table, and IV pole).
- Don't let your child wear slippers without backs, slippers without nonskid soles, or flip-flops. Ask your nursing assistant or nurse for socks with treads for your child.
- If your child has glasses or hearing aid(s), make sure they wear them when they're awake.



**Call!  
Don't Fall!**

- If your child wears special braces or uses other assistive devices (such as a walker, wheelchair, or cane), make sure they're available for your child to use.
- Call for help right away if you see any spills on the floor.
- Make sure your child uses the grab bars in the bathroom and railings in the hallway, if needed.
- Call for help when your child needs to get out of bed or up from a chair, if needed.
- Help us make sure we:
  - Turn on a night light before it gets dark.
  - Place your child's call button where they can reach it.
  - Place items your child may need (such as their books or glasses) where they can reach them.
  - Raise your child's top bedrail to keep them safe.
  - Remove any clutter from around your child's bedside and chairside.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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