Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Follow-up Care After Treatment for Non-Hodgkin or Hodgkin Lymphoma

This information explains follow-up care after treatment for non-Hodgkin and Hodgkin lymphoma at MSK.

2 years after your treatment ends, you may start your follow-up care at our Lymphoma Survivorship Clinic. This clinic focuses on the health needs of people who have finished treatment for lymphoma.

You do not need to wait for a scheduled visit if you have new symptoms. You can call your healthcare provider's office to talk about any concerns at any time.

About your survivorship Advanced Practice Provider

In the Lymphoma Survivorship Clinic, you will see an advanced practice provider (APP) with special training in in survivorship care. Your survivorship APP will help you manage your life after cancer treatment. They can help with the physical and emotional effects of cancer and late effects of treatment. They will also look out for signs of cancer recurrence (cancer coming back) or a second cancer developing.

Your survivorship APP will give you and your primary care provider a treatment summary and survivorship care plan. They will also talk with your doctor about your care if needed.

What to expect during your lymphoma survivorship clinic visit

During your visit, your APP will:

- Talk with you about your medical history.
- Address any side effects of treatment.
- Order any needed tests, such as scans and blood tests, and review the results with you.
- Give counseling about living a healthy lifestyle, such as diet, exercise, and quitting smoking.
- Recommend screening tests for other cancers.
- Give you a referral to another healthcare provider, if needed.
- Prescribe medicine, if needed.

Your survivorship APP will give your healthcare provider an update about your health after each follow-up visit.

Along with your follow-up care at MSK, you should also have routine health care for the rest of your life. Make sure to see your primary care provider for regular check-ups and for problems not related to cancer.

Resources for survivors

Our Resources for Life after Cancer (RLAC) Program offers social support, education, and counseling for people who have finished treatment. You can find a list of services, including a group for lymphoma survivors, online at www.msk.org/experience/living-beyond-cancer/services-survivors.

To learn more about survivorship, go to www.msk.org/experience/living-beyond-cancer/survivorship.

Your well-being is important to us. Please keep all of your follow-up appointments. If you have any questions or concerns, talk with your healthcare

provider, nurse, or survivorship APP.

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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