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PATIENT & CAREGIVER EDUCATION

# Cholestyramine Resin

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

## Brand Names: US

Prevalite; Questran; Questran Light

## Brand Names: Canada

Novo-Cholamine; Novo-Cholamine Light; Olestyr; PMS-Cholestyramine; Questran; Questran Light Sugar Free; ZYM-Cholestyramine-Light; ZYM-Cholestyramine-Regular

## What is this drug used for?

- It is used to lower cholesterol.
- It is used to treat itching caused by bile duct blockage.
- It may be given to your child for other reasons. Talk with the doctor.

## What do I need to tell the doctor BEFORE my child takes this drug?

- If your child has an allergy to this drug or any part of this drug.
- If your child is allergic to any drugs like this one or any other drugs, foods, or other substances. Tell the doctor about the allergy and what signs your child had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.
- If your child has a biliary tract block.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for your child to take this drug with all of his/her drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

## **What are some things I need to know or do while my child takes this drug?**

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- If your child has phenylketonuria (PKU), talk with your child's doctor. Some products have phenylalanine.
- Have your child's blood work checked often. Talk with your child's doctor.
- If your child has constipation, talk with the doctor. There may be ways to lower this side effect.
- Have your child take other drugs at least 1 hour before or 4 hours after your child takes this drug.
- Have your child follow the diet and workout plan your child's doctor told you about.
- Sipping this drug after mixing or holding it in your mouth for a long time may lead to tooth changes like change in color. Talk with your doctor.
- Take care of your child's teeth. See a dentist often.
- Bowel block has rarely happened with this drug in children. Sometimes, this has been deadly. If you have questions, talk with the doctor.

### **If your child is pregnant or breast-feeding a baby:**

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

## **What are some side effects that I need to call my child's doctor about right away?**

**WARNING/CAUTION:** Even though it may be rare, some people may have very

bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Severe constipation or stomach pain. These may be signs of a severe bowel problem.
- Any unexplained bruising or bleeding.

## **What are some other side effects of this drug?**

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Constipation. Drinking more liquids, working out, or adding fiber to the diet may help. Talk with the doctor about a stool softener or laxative.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

## **How is this drug best given?**

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- Before using, be sure you know how to mix and measure the dose of this drug. Talk with the doctor or pharmacist if you are not sure.
- Mix with at least 2 to 6 ounces (60 to 180 mL) of liquid before giving to your child. After your child drinks, rinse the cup with more liquid and have your child drink again.
- You may also mix it with highly fluid soups, applesauce, or crushed pineapple.

- Be sure your child does not take dry powder.
- Have your child drink lots of noncaffeine liquids every day unless told to drink less liquid by your child's doctor.

## **What do I do if my child misses a dose?**

- Give a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not give 2 doses at the same time or extra doses.

## **How do I store and/or throw out this drug?**

- Store at room temperature.
- Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

## **General drug facts**

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Keep a list of all your child's drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your child's doctor.
- Talk with your child's doctor before giving your child any new drug, including prescription or OTC, natural products, or vitamins.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.

- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

## Consumer Information Use and Disclaimer

This information should not be used to decide whether or not to take this medicine or any other medicine. Only the healthcare provider has the knowledge and training to decide which medicines are right for a specific patient. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about this medicine. It does NOT include all information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this medicine. This information is not specific medical advice and does not replace information you receive from the healthcare provider. You must talk with the healthcare provider for complete information about the risks and benefits of using this medicine.

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If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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