



PATIENT & CAREGIVER EDUCATION

Clobetasol

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Clobetasol Propionate E; Clobex; Clobex Spray; Clodan; Cormax Scalp Application [DSC]; Impoyz; Olux; Olux-E; Temovate; Temovate E [DSC]

Brand Names: Canada

Clobex; Dermovate; Olux-E

What is this drug used for?

- It is used to treat skin irritation.
- It is used to treat skin rashes.
- It is used to treat scalp psoriasis.
- It is used to treat plaque psoriasis.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child has an allergy to this drug or any part of this drug.

- If your child is allergic to any drugs like this one or any other drugs, foods, or other substances. Tell the doctor about the allergy and what signs your child had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.
- If your child has thinning of the skin where you are putting this drug.
- If there is an infection where this drug will be used.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for your child to take this drug with all of his/her drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

All products:

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Talk with your child's doctor before you use other drugs or products on your child's skin.

- Do not put on cuts, scrapes, or damaged skin.
- Do not have your child use longer than you have been told by your child's doctor.
- This drug may cause harm if swallowed. If this drug is swallowed, call a doctor or poison control center right away.
- This drug may raise the chance of cataracts or glaucoma. Talk with the doctor.
- Use with care in children. Talk with the doctor.
- This drug may affect growth in children and teens in some cases. They may need regular growth checks. Talk with the doctor.
- Some products are not approved for use in children. Talk with the doctor.

If your child is pregnant or breast-feeding a baby:

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

Foam, solution, and spray:

- This drug may catch on fire. Do not use near an open flame or while smoking.

All skin products:

- Do not use to treat diaper rash.

- Do not use this drug to treat acne, rosacea, or a rash around the mouth.
- Use care when putting on a large part of the skin or where there are open wounds. Talk with the doctor.

If your child is breast-feeding a baby:

- If your child is breast-feeding a baby, be sure she does not put this drug right on the nipple or the area right around it.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of high blood sugar like confusion, feeling sleepy, more thirst, more hungry, passing urine more often, flushing, fast breathing, or breath that smells like fruit.
- Signs of Cushing's disease like weight gain in the upper back or belly, moon face, very bad headache, or slow healing.

- Signs of a weak adrenal gland like a very bad upset stomach or throwing up, very bad dizziness or passing out, muscle weakness, feeling very tired, mood changes, not hungry, or weight loss.
- Skin changes (pimples, stretch marks, slow healing, hair growth).
- Irritation where this drug is used.
- Thinning of the skin.
- Change in eyesight, eye pain, or very bad eye irritation.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Stinging.
- Dry skin.
- Burning.
- Redness.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

All products:

- Keep using this drug as you have been told by your child's doctor or other health care provider, even if your child's signs get better.
- Wash your hands before and after use.

Shampoo:

- Do not give by mouth. Use on your child's scalp and hair only. Keep out of your child's mouth, nose, and eyes (may burn).
- Do not put on the face, underarms, or the groin area. Do not put on skin that is thinning.
- To use on the scalp, part your child's hair. Put a thin layer on the affected skin. Put on a dry scalp. Rub in gently. Leave on the scalp for 15 minutes.
- Do not cover head while shampoo is on hair.
- After 15 minutes, wet the hair with water and lather.
- Rinse well.

All other products:

- Do not give by mouth. Use on your child's skin only. Keep out of your child's mouth, nose, and eyes (may burn).

- Clean affected part before use. Make sure to dry well.
- Put a thin layer of gel on the affected part and rub in gently.
- Do not put on the face, underarms, or the groin area unless told to do so by the doctor.
- Do not use coverings (bandages, dressings, make-up) unless told to do so by the doctor.

Foam:

- Some of these drugs need to be shaken before use. Be sure you know if this product needs to be shaken before using it.
- Turn the can upside down to use. Some foams may start to melt if put into the hand. Check with your pharmacist about how to use the foam.
- Put foam on affected part and rub in gently.

What do I do if my child misses a dose?

- Put on a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not put on 2 doses at the same time or extra doses.

How do I store and/or throw out this drug?

All products:

- Store at room temperature. Do not refrigerate or freeze.
- Be sure you know how long you can store this drug before

you need to throw it away.

- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Foam, solution, and spray:

- Protect from heat or open flame.

Foam:

- Do not puncture.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Keep a list of all your child's drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your child's doctor.
- Talk with your child's doctor before giving your child any new drug, including prescription or OTC, natural products, or vitamins.

- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This information should not be used to decide whether or not to take this medicine or any other medicine. Only the healthcare provider has the knowledge and training to decide which medicines are right for a specific patient. This information does not endorse any medicine as safe, effective, or approved for treating any patient or health condition. This is only a brief summary of general information about this medicine. It does NOT include all information about the possible uses, directions, warnings, precautions, interactions, adverse effects, or risks that may apply to this medicine. This information is not specific medical advice and does not replace information you receive from the healthcare provider. You must talk with the healthcare provider for complete information about the risks and benefits of using this medicine.

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If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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