



PATIENT & CAREGIVER EDUCATION

# Coping with Anxiety and Fear of Recurrence after Treatment

After finishing treatment for cancer, it's normal to experience anxiety or fear of recurrence. These feelings and worries around your follow up appointments, tests, and scans ("scanxiety") may impact your day-to-day quality of life. There will be a presentation and interactive discussion around how to understand these feelings and best cope with them.

Presentation and discussion will be led by a social worker.

## Contact

Registration for this event is required. To register or learn more, please contact [virtualprograms@mskcc.org](mailto:virtualprograms@mskcc.org).