

## PATIENT & CAREGIVER EDUCATION

## Coping with Grief During the Holiday Season

When grieving, getting through the holidays with the added stress of the pandemic can be an overwhelming experience. The Social Work Bereavement Program presents a panel discussion focused on taking care of yourself during this time of year.

This program is open to family members and friends who have lost someone to cancer at Memorial Sloan Kettering.

Registration for this event will close at 4:30 p.m. EST on Tuesday, November 17.