PATIENT & CAREGIVER EDUCATION

Diclofenac (Topical)

This information from Lexicomp® explains what you need to know about this medication, including what it’s used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US
Diclo Gel with Xrylix Sheets [DSC]; Diclo Gel [DSC]; Diclozor; DSG Pak [DSC]; DST Plus Pak [DSC]; EnovaRX-Diclofenac Sodium; Flector; Klofensaid II [DSC]; Lexixryl [DSC]; Pennsaid; Rexaphenac; Solaraze [DSC]; Voltaren; Vopac MDS [DSC]; Xrylix

Brand Names: Canada
JAMP Diclofenac; Pennsaid; PMS-Diclofenac; TARO-Diclofenac

Warning

- This drug may raise the chance of heart and blood vessel side effects like heart attack and stroke. If these happen, they can be deadly. The risk of these side effects may be greater if you have heart disease or risks for heart disease. However, the risk may also be raised in people who do not have heart disease or risks for heart disease. The risk of these health problems can happen as soon as the first weeks
of using this drug and may be greater with higher doses or with long-term use. Do not use this drug right before or after bypass heart surgery.

- This drug may raise the chance of very bad and sometimes deadly stomach or bowel side effects like ulcers or bleeding. The risk is greater in older people. The risk is also greater in people who have had stomach or bowel ulcers or bleeding before. These problems may occur without warning signs. Talk with the doctor.

**What is this drug used for?**

- It is used to treat a precancerous skin problem called actinic keratosis.
- It is used to ease pain.
- It is used to treat arthritis.

**What do I need to tell my doctor BEFORE I take this drug?**

- If you have an allergy to diclofenac or any other part of this drug.
- If you have an allergy to aspirin or NSAIDs.
- If you are allergic to any drugs like this one, any other drugs, foods, or other substances. Tell your doctor about the allergy and what signs you had, like rash; hives; itching; shortness of breath; wheezing; cough; swelling of face, lips, tongue, or throat; or any other signs.
If you have ever had asthma caused by a salicylate drug like aspirin or a drug like this one like NSAIDs.

If you have any of these health problems: Dehydration, GI (gastrointestinal) bleeding, heart failure (weak heart), kidney disease, or liver disease.

If you have had a recent heart attack.

If you are having trouble getting pregnant or you are having your fertility checked.

If you are pregnant or may be pregnant. Do not take this drug if you are in the third trimester of pregnancy. You may also need to avoid this drug at other times during pregnancy. Talk with your doctor to see when you need to avoid taking this drug during pregnancy.

If you are taking any other NSAID.

If you are taking a salicylate drug like aspirin.

If you are taking pemetrexed.

If you are breast-feeding or plan to breast-feed.

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without
checking with your doctor.

What are some things I need to know or do while I take this drug?

All products:

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Have blood work checked as you have been told by the doctor. Talk with the doctor.
- High blood pressure has happened with drugs like this one. Have your blood pressure checked as you have been told by your doctor.
- If you smoke, talk with your doctor.
- If you have asthma, talk with your doctor. You may be more sensitive to this drug.
- Talk with your doctor before you drink alcohol.
- Do not use on skin that has any problems.
- Do not use more than told. Unsafe side effects may happen.
- Do not use longer than you have been told by the doctor.
- The chance of heart failure is raised with the use of drugs like this one. In people who already have heart failure, the chance of heart attack, having to go to the hospital for heart failure, and death is raised. Talk with the doctor.
- The chance of heart attack and heart-related death is raised
in people taking drugs like this one after a recent heart attack. People taking drugs like this one after a first heart attack were also more likely to die in the year after the heart attack compared with people not taking drugs like this one. Talk with the doctor.

- If you are taking aspirin to help prevent a heart attack, talk with your doctor.

- This drug is not approved for use in children. Talk with the doctor.

- This drug may affect how much of some other drugs are in your body. If you are taking other drugs, talk with your doctor. You may need to have your blood work checked more closely while taking this drug with your other drugs.

- If you are 65 or older, use this drug with care. You could have more side effects.

- NSAIDs like this drug may affect egg release (ovulation) in women. This may cause you to not be able to get pregnant. This goes back to normal when this drug is stopped. Talk with your doctor.

- This drug may cause harm to the unborn baby if you take it while you are pregnant. If you are pregnant or you get pregnant while taking this drug, call your doctor right away.

**Skin patch:**

- This drug may cause harm if chewed or swallowed. If this drug has been put in the mouth, call a doctor or poison
control center right away.

All other products:

- Avoid sunlight on treated area.
- This drug may cause harm if swallowed. If this drug is swallowed, call a doctor or poison control center right away.

What are some side effects that I need to call my doctor about right away?

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

All products:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of bleeding like throwing up blood or throw up that looks like coffee grounds; coughing up blood; blood in the urine; black, red, or tarry stools; bleeding from the gums; vaginal bleeding that is not normal; bruises without a reason or that get bigger; or any bleeding that is very bad or that you cannot stop.
• Signs of high blood pressure like very bad headache or dizziness, passing out, or change in eyesight.

• Signs of kidney problems like unable to pass urine, change in how much urine is passed, blood in the urine, or a big weight gain.

• Signs of high potassium levels like a heartbeat that does not feel normal; feeling confused; feeling weak, lightheaded, or dizzy; feeling like passing out; numbness or tingling; or shortness of breath.

• Chest pain or pressure or a fast heartbeat.

• Shortness of breath, a big weight gain, or swelling in the arms or legs.

• Weakness on 1 side of the body, trouble speaking or thinking, change in balance, drooping on one side of the face, or blurred eyesight.

• Feeling very tired or weak.

• Flu-like signs.

• Very bad back pain.

• Very bad belly pain.

• A very bad skin reaction (Stevens-Johnson syndrome/toxic epidermal necrolysis) may happen. It can cause very bad health problems that may not go away, and sometimes death. Get medical help right away if you have signs like red, swollen, blistered, or peeling skin (with or without fever); red or irritated eyes; or sores in your mouth, throat, nose,
or eyes.

- Liver problems have happened with drugs like this one. Sometimes, this has been deadly. Call your doctor right away if you have signs of liver problems like dark urine, feeling tired, not hungry, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.

**3% gel:**

- A burning, numbness, or tingling feeling that is not normal.

**What are some other side effects of this drug?**
All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Skin irritation.
- Headache.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

**How is this drug best taken?**
Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

**All products:**
• Do not take this drug by mouth. Use on your skin only. Keep out of your mouth, nose, and eyes (may burn).
• Wash your hands before and after use.
• Clean affected part before use. Make sure to dry well.
• If you get this drug in your eyes, wash right away with water. If you have eye irritation that lasts or a change in eyesight, call your doctor.

**Cream and gel:**

• Put a thin layer on the affected skin and rub in gently.
• Do not use sunscreen, insect repellant, or other drugs on affected part.
• If putting this drug on the hand, do not wash your hands for at least 1 hour after putting on.
• Do not use heat or bandages on the treated part.
• Let the drug dry for at least 10 minutes before you cover it with clothes or gloves.
• Do not bathe, shower, or swim for 1 hour after putting on.
• Do not use on open wounds or infected skin.

**Gel (Voltaren):**

• This drug comes with a dosing card. Be sure you know how to use it. Talk with your doctor or pharmacist if you have any questions.
Skin patch:

- Put patch on clean, dry, healthy skin.
- Do not put on cuts, scrapes, eczema, or damaged skin.
- Do not bathe, shower, or swim after putting on.
- If the patch loosens, put tape ONLY on the edges of the patch to hold it in place.
- If the patch does not stick well, talk with your pharmacist about what to do. Certain things can be done to help hold it in place.
- If the patch falls off, put a new one on.

Skin solution:

- Put on clean, dry, healthy skin.
- Use 10 drops at a time. Repeat until a total of 40 drops has been put on knee. You may put right on the knee or on the hand and then onto the knee.
- Spread evenly on front, back, and side of knee.
- Let dry before covering with clothing.
- Do not bathe, shower, or swim for 30 minutes after applying.
- You may use cosmetics, lotions, insect repellant, sunscreen, or other skin drugs after the skin has dried.
- Do not use heat or bandages on the treated part.
Let the treated skin dry before touching it or letting it touch anyone else’s skin.

What do I do if I miss a dose?

- Put on a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not put on 2 doses at the same time or extra doses.

How do I store and/or throw out this drug?

All products:

- Store at room temperature. Do not freeze.
- Protect from light.
- Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

3% gel:

- Protect gel from heat.

Skin patch:
- Store in the envelope that this drug comes in to help keep away from children. Do not open the envelope until you are ready to use this drug.

- After opening, be sure you know how long the product is good for and how to store it. Ask the doctor or pharmacist if you are not sure.

- After you take off a skin patch, be sure to fold the sticky sides of the patch to each other. Throw away used patches where children and pets cannot get to them.

- Throw away unused patches when they are no longer needed. Take them from the pouch, take off liner, and fold the sticky side of the patch together.

**General drug facts**

- If your symptoms or health problems do not get better or if they become worse, call your doctor.

- Do not share your drugs with others and do not take anyone else’s drugs.

- Keep a list of all your drugs (prescription, natural products, vitamins, OTC) with you. Give this list to your doctor.

- Talk with the doctor before starting any new drug, including prescription or OTC, natural products, or vitamins.

- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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