



## PATIENT & CAREGIVER EDUCATION

# Cellect

This information describes the common uses of Cellect, how it works, and its possible side effects.

Tell your healthcare providers about any dietary supplements you're taking, such as herbs, vitamins, minerals, and natural or home remedies. This will help them manage your care and keep you safe.

## What is it?

Cellect has not been shown to treat cancer in humans.

Cellect is a line of dietary supplements that includes gelatin, cod liver oil, and different blends that consist of [vitamin E](#), minerals, [shark cartilage](#) and [milk thistle](#). It is thought to help maintain the body's normal functions, to boost the immune system, and to help fight cancer by fixing the body's chemical imbalances. However, none of these claims is backed by scientific evidence.

## What are the potential uses and benefits?

- **Cancer Treatment**  
Evidence is lacking to support this claim.
- **Health maintenance**  
Evidence is lacking to support this claim.
- **Immunostimulation**  
Evidence is lacking to support this claim.

## What are the side effects?

- Upset stomach
- Loose stools

## What else do I need to know?

### Patient Warnings:

Cellect has not been studied in clinical trials and there is no evidence that it can be used to prevent or treat any diseases in humans. We do not support using this product as a cancer treatment.

### Do Not Take if:

- You are pregnant or lactating

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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