

Ready to start planning your care? Call us at [646-926-0945](tel:646-926-0945) to make an appointment.

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Memorial Sloan Kettering  
Cancer Center

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## ABOUT US

[Our mission, vision & core values](#)

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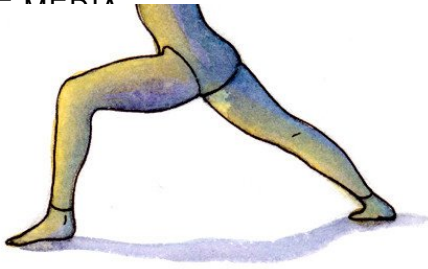
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## FOR THE MEDIA



## Common Names

- Hatha
- Vinyasa
- Restorative yoga
- Yin yoga
- Many other forms

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## For Patients & Caregivers

Tell your healthcare providers about any dietary supplements you're taking, such as herbs, vitamins, minerals, and natural or home remedies. This will help them manage your care and keep you safe.

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What is  
it?

What are the potential uses and  
benefits?

What else do I need to  
know?

## For Healthcare Professionals

Clinical  
Summary

Purported Uses and  
Benefits

Mechanism of  
Action

Contraindications

Adverse  
Reactions

Practitioners and  
Treatments

## References

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Email your questions and comments to [abouttherbs@mskcc.org](mailto:abouttherbs@mskcc.org) .

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### **Last Updated**

Friday, July 15, 2022

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