



PATIENT & CAREGIVER EDUCATION

How to Collect a Urine Sample for Your Drug Screening

This information explains how to collect a urine (pee) sample for your drug screening.

About Your Drug Screening

If you're taking opioid pain medication, we want to make sure you're taking a safe amount. We'll ask you for a urine sample 1 or more times a year. These days will be chosen randomly. You'll give your urine sample at your Anesthesia Pain Service appointment before you see your doctor. Your urine sample will be screened for medications and other drugs to ensure you're safe during your treatment. Commonly prescribed opioid medications are listed below.

Your Urine Collection Kit

Your Patient Care Technician or nurse will give you a urine collection kit. The kit will include:

- 1 urine cup

- 1 pair of disposable gloves
- 1 plastic bag

The urine cup has a thin line about halfway up the outside of the cup. This line marks how much urine is needed for the urine sample.

Instructions for Collecting Your Urine Sample

1. Open the empty urine cup. Set the lid and cup down.
2. Put on the disposable gloves.
3. Start urinating (peeing) into the toilet as usual.
4. Once there's a steady stream of urine (usually after a few seconds), move the empty urine cup into your urine stream to catch the urine.
5. Remove the urine cup once it's filled to the line on the outside of the cup.
6. Once you're done urinating, tightly screw the lid onto the urine cup.
7. If the outside of the cup has urine on it, wipe it dry with a paper towel. Put the urine cup into the plastic bag and close the bag.
8. Take off your gloves and throw them away.
9. Wash your hands with soap and water for at least 20

seconds.

0. Return the urine cup to the Patient Care Technician.

Your doctor will give you the results of your drug screening at your next appointment. They won't give you the results over the phone.

Commonly Prescribed Opioid Medications

Here are some commonly prescribed opioid medications. There are more.

Commonly Prescribed Opioid Medications		
oxycodone (Percocet, Oxycontin®)	hydromorphone (Dilaudid®)	tramadol (Ultram®)
fentanyl (Duragesic®)	methadone	oxymorphone (Opana®)
hydrocodone (Vicodin®)	morphine (Duramorph)	tapentadol (Nucynta®)

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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