



## PATIENT & CAREGIVER EDUCATION

# How to Collect a Urine Sample for Your Drug Screening

This information explains how to collect a urine (pee) sample for your drug screening.

## About Your Drug Screening

If you're taking opioid pain medication, such as oxycodone hydrochloride (OxyContin®), we want to make sure you're taking a safe amount. We will ask you for a urine sample 1 or more times a year. You will give your urine sample at your Anesthesia Pain Service appointment before you see your doctor. The day(s) you will give your urine sample will be picked randomly. Your doctor will check your urine for medications and other drugs to make sure you're safe during your treatment.

## Your Urine Collection Kit

Your healthcare provider or a staff member will give you a urine collection kit. The kit has:

- 1 urine cup
- 1 pair of disposable gloves
- 1 plastic bag

The urine cup has a thin line about halfway up the outside of the cup. This line marks how much urine is needed for the urine sample.

## **Instructions for Collecting Your Urine Sample**

1. Open the empty urine cup. Set the lid and cup down.
2. Put on the disposable gloves.
3. Start urinating (peeing) into the toilet as usual.
4. Once there's a steady stream of urine (usually after a few seconds), move the empty urine cup into your urine stream to catch the urine.
5. Remove the urine cup once it's filled to the line on the outside of the cup.
6. Once you're done urinating, tightly screw the lid onto the urine cup.
7. If the outside of the cup has urine on it, wipe it dry with a paper towel. Put the urine cup into the plastic bag and close the bag.
8. Take off your gloves and throw them away.
9. Wash your hands with soap and water.
10. Go to the triage room in Suite A3 and give your urine cup to the staff member.

Your doctor will give you the results of your drug screening at

your next appointment.

If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

---

How to Collect a Urine Sample for Your Drug Screening - Last updated on July 17, 2018

©2019 Memorial Sloan Kettering Cancer Center