



PATIENT & CAREGIVER EDUCATION

How To Set Up The OMRON Silver BP5250

This information will explain how to setup the OMRON Silver BP5250 blood pressure machine and connect it to the MSK Remote Monitoring app.

How to set up the OMRON Silver BP5250 blood pressure machine

1. Download the OMRON Connect app from the iOS or Google Play store (see Figure 1).

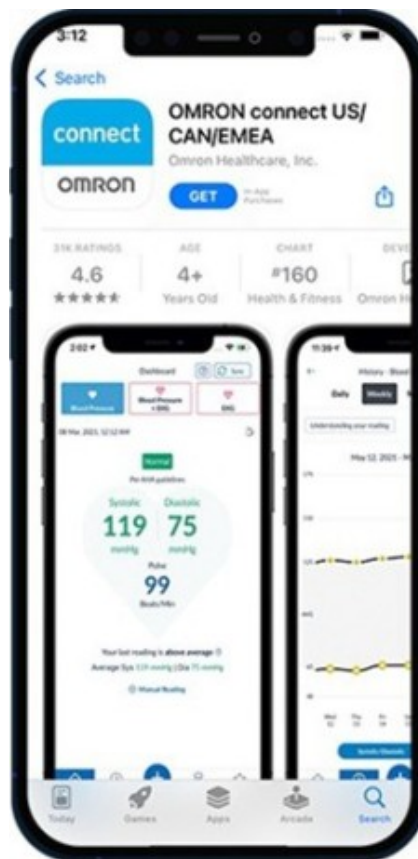


Figure 1. OMRON connect app

2. Open the app and select “Allow” when prompted to connect to Bluetooth (see Figure 2).

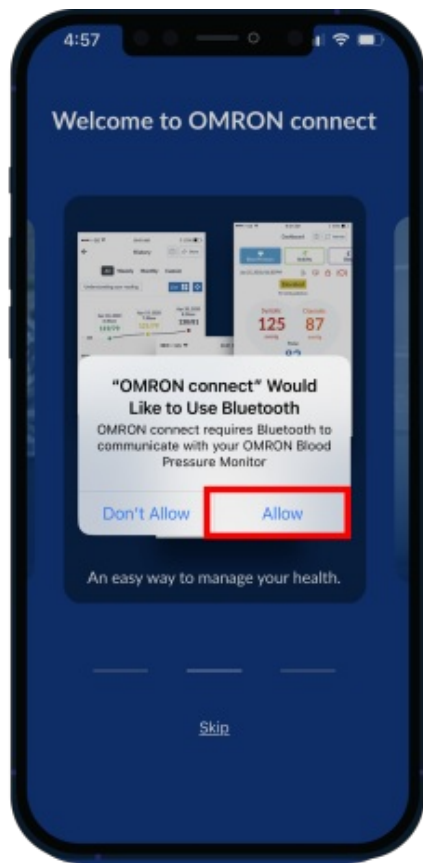


Figure 2. Allow Bluetooth

3. Select “United States” (see Figure 3).



Figure 3. Select United States

4. Sign into your OMRON account or tap create new account to sign up if you do not have one (see Figure 4).

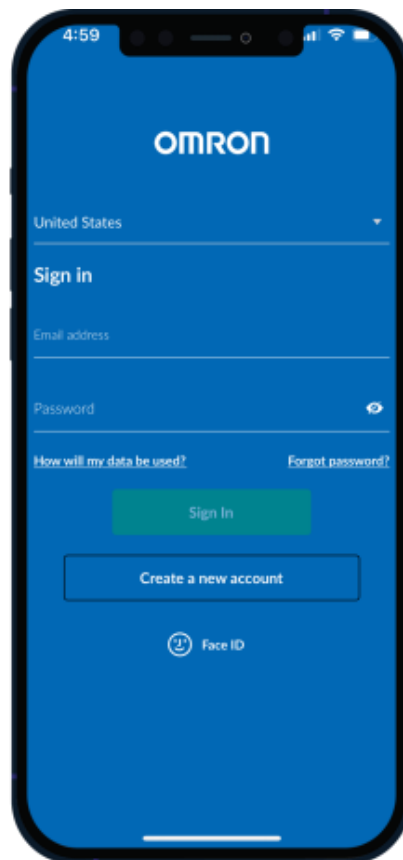


Figure 4. Sign into OMRON account

5. Once you have created an Omron account. You can pair your device. Select “All OMRON Blood Pressure devices” then tap Next: Pairing (see Figure 5).



Figure 5. Select All OMRON Blood Pressure devices

6. Press and hold the Bluetooth button on your blood pressure machine for 3 to 5 seconds. The letter “P” will appear on your blood pressure machine screen. Select “Next: Begin Pairing” in the OMRON Connect app (see Figure 6).



Figure 6. Begin pairing

7. Select "OK" (see Figure 7).

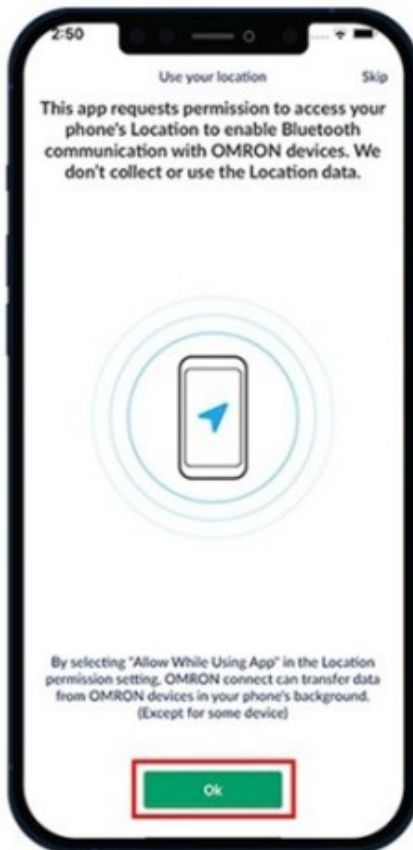


Figure 7. Select Ok

8. Select “Allow While Using App” (see Figure 8).

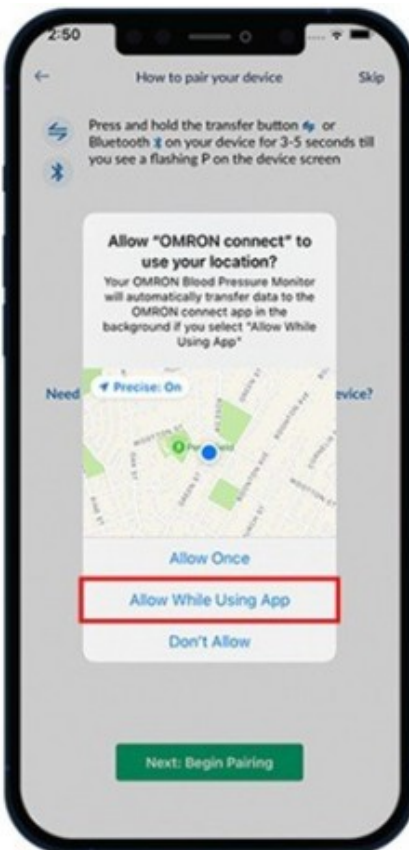


Figure 8. Select Allow While Using App

9. The device will begin pairing your phone (see Figure 9).

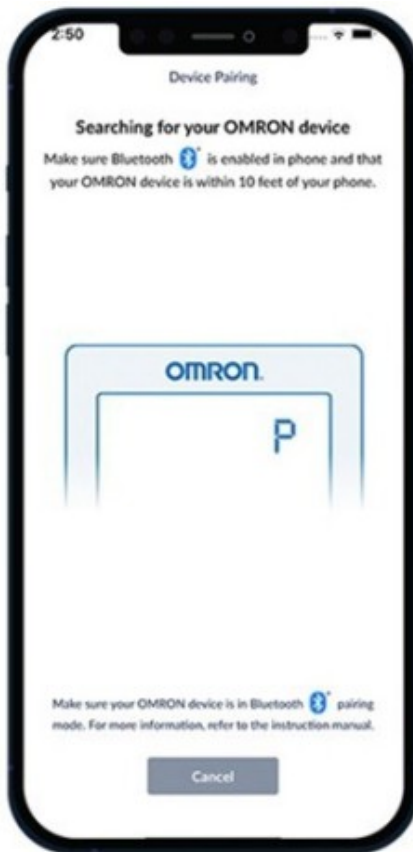


Figure 9. Your device will pair

10. Select “Silver – BP5250” (see Figure 10).



Figure 10. Select Silver BP5250

11. Select “Pair” (see Figure 11).



Figure 11. Start to pair

12. Your OMRON Silver BP5250 has now been connected to your app. Select “Go to dashboard” to take your first reading (see Figure 12).



Figure 12. Pairing is complete

Connecting your OMRON account to MSK Remote Monitoring

1. Open the MSK Remote Monitoring mobile app and log in using your MSK MyChart credentials (Figure 13).

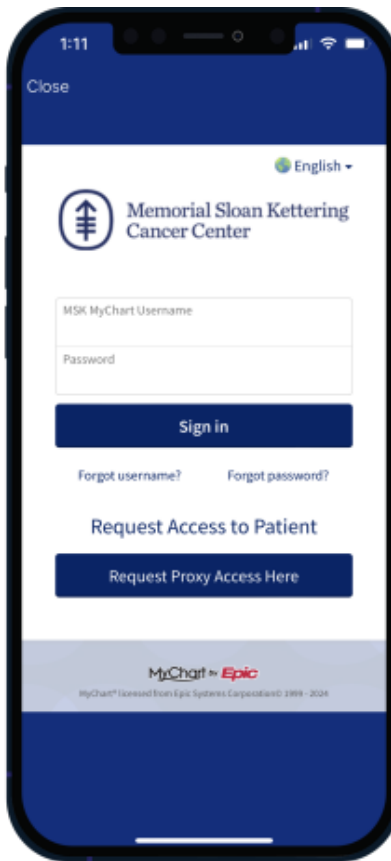


Figure 13. MSK Remote Monitoring app

2. Review the authorization screen and select “Continue” (see Figure 14).

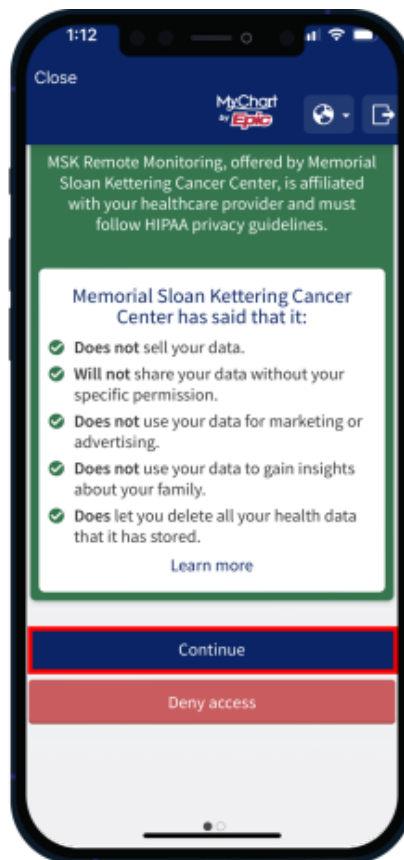


Figure 14. Authorization screen

3. Review the data authorization screen and select a time range, then tap “Allow access” (see Figure 15)

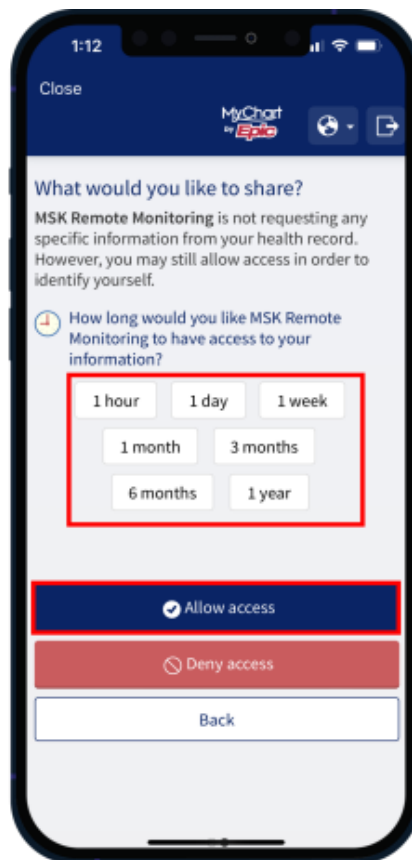


Figure 15. Allow access

4. At the bottom of the screen, select "Messages" (see Figure 16).

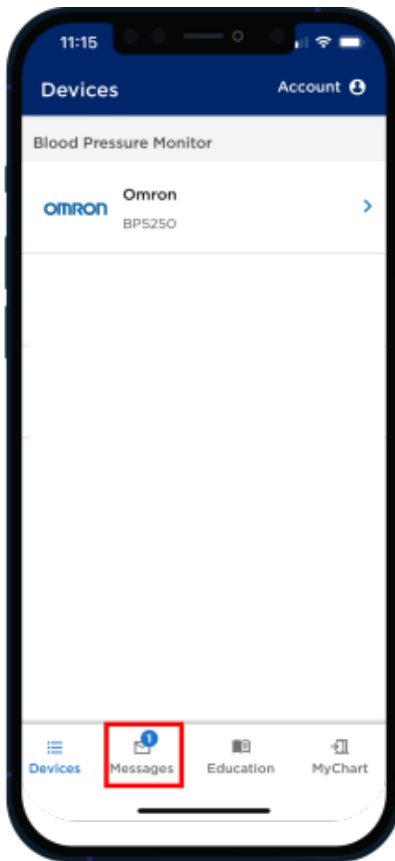


Figure 16. Select messages at bottom menu

5. Select the message “Blood Pressure Monitor Connection” (see Figure 17).

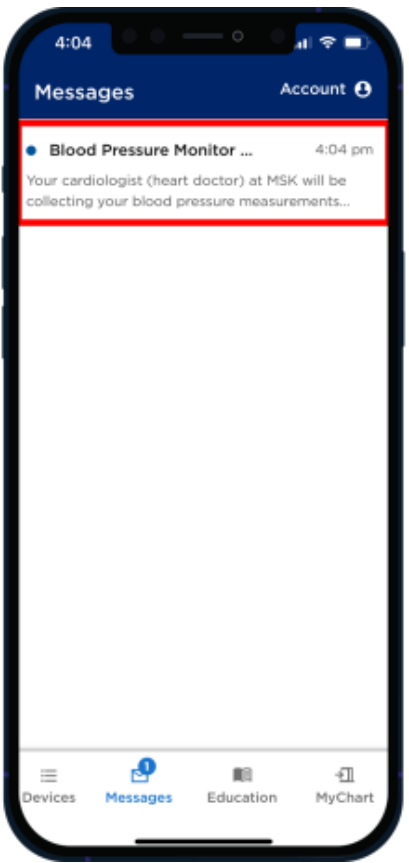


Figure 17. Select message

6. Select the link for OMRON account (Figure 18).

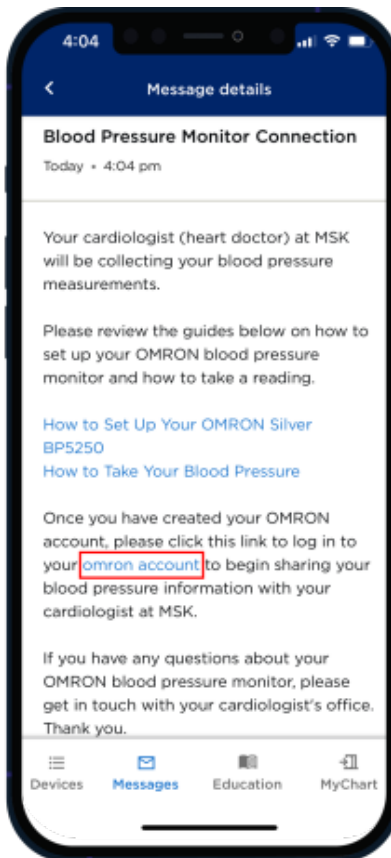


Figure 18. Select link in message

7. Log in to your account (see Figure 19).

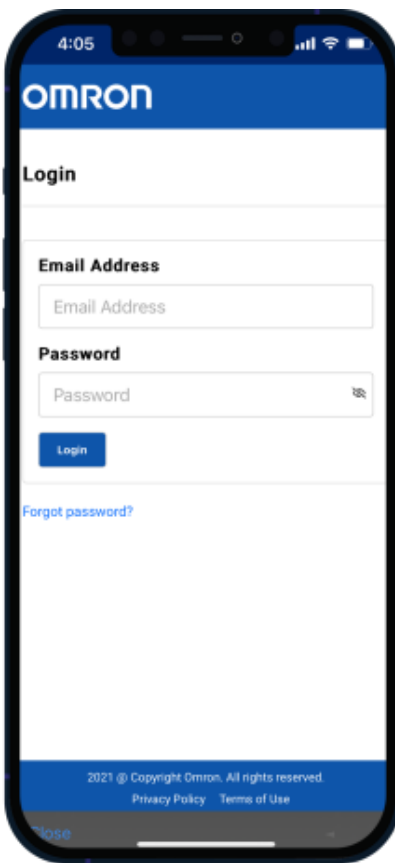


Figure 19. Log into your OMRON account

8. Check the boxes and select “Allow” to connect to Validic (see Figure 20). Your OMRON account is now connected to MSK Remote Monitoring. Your blood pressure measurements will be sent to your MSK care team through Validic.

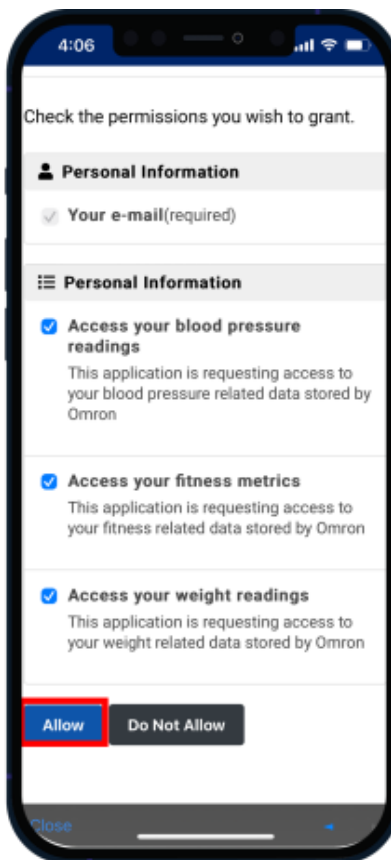


Figure 20. Check boxes and select allow

If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

How To Set Up The OMRON Silver BP5250 - Last updated on January 30, 2025

All rights owned and reserved by Memorial Sloan Kettering Cancer Center

Last Updated

January 30, 2025

Learn about our [Health Information Policy](#).

Tell us what you think

Tell us what you think

Your feedback will help us improve the educational information we provide. Your care team cannot see anything you write on this feedback form. Please do not use it to ask about your care. If you have questions about your care, contact your healthcare provider.

While we read all feedback, we cannot answer any questions. Please do not write your name or any personal information on this feedback form.

Was this information easy to understand?

Yes

Somewhat

No

What could we have explained better?

Please do not write your name or any personal information.

Submit