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PATIENT & CAREGIVER EDUCATION

# LGBTQ Support Resources

This information describes support resources available to LGBTQ patients and their loved ones.

## Support Groups and Community Organizations

### **American Cancer Society (ACS) Survivors Network: Gay Men Talk About Cancer**

[www.csn.cancer.org/forum/180](http://www.csn.cancer.org/forum/180)

This online forum offers a place for gay men and their loved ones to discuss issues related to cancer.

### **American Cancer Society (ACS) Survivors Network: Lesbians Talk About Cancer**

[www.csn.cancer.org/forum/181](http://www.csn.cancer.org/forum/181)

This online forum offers a place for lesbians and their loved ones to discuss issues related to cancer.

### **Callen-Lorde Community Health Center**

[www.callen-lorde.org](http://www.callen-lorde.org)

212-271-7200

The Callen-Lorde Community Health Center provides sensitive, quality health care and related services targeted to New York's lesbian, gay, bisexual, and transgender communities, regardless of their ability to pay. To further this mission, Callen-Lorde promotes health education and wellness, and advocates for LGBTQ health issues. They have many health centers across New York City, so visit their website or call for more information.

## **CancerCare**

[www.cancercare.org/publications/209-coping\\_with\\_cancer\\_as\\_an\\_lgbt\\_person](http://www.cancercare.org/publications/209-coping_with_cancer_as_an_lgbt_person)

800-813-4673

275 7<sup>th</sup> Avenue (Between West 25<sup>th</sup> & 26<sup>th</sup> Streets)

New York, NY 10001

Provides counseling, support groups, educational workshops, publications, and financial help for people with cancer.

## **Destination Tomorrow**

[www.destinationtomorrow.org](http://www.destinationtomorrow.org)

452 E 149<sup>th</sup> Street, 3<sup>rd</sup> Floor

Bronx, NY, 10455

Destination Tomorrow is an LGBTQ community center located in the Bronx borough of New York City. It provides many services for the LGBTQ community such as medical and mental health services, career services, and support programs.

## **Fenway Health**

[www.fenwayhealth.org](http://www.fenwayhealth.org)

Fenway Health is a community health center located in Boston, Massachusetts. Their site also provides education, training, and resources for LGBTQ community members and healthcare providers.

## **Malecare**

[www.malecare.org](http://www.malecare.org)

Malecare is a men's cancer survivor support and advocacy organization. It provides personal stories and education for cancer survivors, including resources for gay and bisexual men.

## **Memorial Sloan Kettering (MSK) Virtual Program: Life after Cancer Support Group for LGBTQ Survivors**

[www.mskcc.org/vp](http://www.mskcc.org/vp)

This free, online support group for LGBTQ cancer survivors addresses adjustment to life after cancer treatment, including issues such as emotional adjustments, changes in physical functioning, altered self-image, persistent fatigue, isolation,

and other post–treatment-related concerns. If you’re interested in joining a Virtual Program, visit our website at [www.mskcc.org/vp](http://www.mskcc.org/vp) for more information.

### **National LGBT Cancer Network**

[www.cancer-network.org](http://www.cancer-network.org)

Provides education and resources for LGBT community members and training for healthcare providers on LGBT health risks.

### **National LGBT Cancer Project**

[www.lgbtcancer.org](http://www.lgbtcancer.org)

Provides resources such as a clinical trial finder and resource center, stories of support, and other informational resources for members of the LGBT community.

### **SAGE: Advocacy and Services for LGBT Elders**

[www.sageusa.org](http://www.sageusa.org)

212-741-2247

SAGE is a national organization dedicated to improving the lives of older LGBT adults. SAGE offers supportive services and resources for older LGBT adults and their caregivers.

### **The Ali Forney Center**

[www.aliforneycenter.org](http://www.aliforneycenter.org)

212- 222-3427

224 West 35<sup>th</sup> Street, 15<sup>th</sup> Floor

New York, NY 10001

The Ali Forney Center is an agency in New York City that provides services for LGBTQ homeless youths.

### **The Big Groups**

[www.findhealthclinics.com/US/New-York/159912964020164/The-Big-Groups](http://www.findhealthclinics.com/US/New-York/159912964020164/The-Big-Groups)

The Big Groups are in-person support groups across New York City. They’re for patients facing life-threatening illnesses and their caregivers. For more information and to see their current schedule, visit their website.

## **The Lesbian, Gay, Bisexual, and Transgender Community Center (The Center)**

[gaycenter.org](http://gaycenter.org)

212-620-7310

208 West 13<sup>th</sup> Street

New York, NY 10011

The Center provides a variety of programs for the LGBTQ community. These include health and wellness programs, arts and cultural events, recovery and family support services.

## **Other Resources**

### **National Center for Transgender Equality**

[www.transequality.org](http://www.transequality.org)

A resource for transgender people to learn how they can legally change their name in their home state and update their identification (ID). It also provides other logistical resources for transgender people on getting healthcare coverage and other information about their legal rights.

### **How to Change Gender on a Driver's License**

[www.bankrate.com/insurance/car/changing-gender-on-license](http://www.bankrate.com/insurance/car/changing-gender-on-license)

A resource for people who may want to change the gender on their driver's license. Here you can find an explanation of the laws and processes for each state.

## **Educational Resources:**

The following text resources present possible health issues and risks that LGBTQ people should be aware of:

- *Ten Things Bisexuals Should Discuss With Their Healthcare Provider*  
([www.mskcc.org/pe/bisexuals\\_discuss\\_hcp](http://www.mskcc.org/pe/bisexuals_discuss_hcp))
- *Ten Things Gay Men Should Discuss With Their Healthcare Provider*  
([www.mskcc.org/pe/gay\\_discuss\\_hcp](http://www.mskcc.org/pe/gay_discuss_hcp))
- *Ten Things Transgender Persons Should Discuss With Their Health Care Providers*  
([www.mskcc.org/pe/trans\\_discuss\\_hcp](http://www.mskcc.org/pe/trans_discuss_hcp))

- *Top 10 Things Lesbians Should Discuss With Their Healthcare Provider*  
([www.mskcc.org/pe/lesbians\\_discuss\\_hcp](http://www.mskcc.org/pe/lesbians_discuss_hcp))

For other patient education resources, visit our virtual library at [www.mskcc.org/pe](http://www.mskcc.org/pe).

If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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