



---

PATIENT & CAREGIVER EDUCATION

# Managing Cancer-Related Fatigue

This video will help you manage fatigue (feeling tired) from your cancer treatment.



Please visit [www.mskcc.org/pe/manage\\_fatigue\\_video](http://www.mskcc.org/pe/manage_fatigue_video) to watch this video.

If you have any questions, contact a member of your healthcare team directly. If you're a patient at MSK and you need to reach a provider after 5:00 PM, during the weekend, or on a holiday, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

---

Managing Cancer-Related Fatigue - Last updated on October 10, 2018  
©2019 Memorial Sloan Kettering Cancer Center