PATIENT & CAREGIVER EDUCATION

Cholecalciferol

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Aqueous Vitamin D [OTC]; BProtected Pedia D-Vite [OTC]; D-3-5 [OTC]; D-Vi-Sol [OTC]; D-Vite Pediatric [OTC]; D3 [OTC]; D3-50 [OTC]; Decara [OTC]; Delta D3 [OTC]; Dialyvite 5000; Dialyvite Vitamin D 5000 [OTC]; Dialyvite Vitamin D3 Max [OTC]; Osteo-Vit3 [OTC] [DSC]; Pronutrients Vitamin D3 [OTC]; True Vitamin D3 [OTC]; VitaChew Vitamin D3 [OTC]; Vitamin D High Potency [OTC]; Vitamin D3 Ultra Potency [OTC] [DSC]; Weekly-D [OTC]; Well Vitamin D3 [OTC]

Brand Names: Canada

AG-Vitamin D; D-Tabs; EURO D 10000; EURO-D; JAMP-Vitamin D; Luxa-D; SANDOZ D 10000; ViDextra

What is this drug used for?

- It is used to treat or prevent vitamin D deficiency.

What do I need to tell my doctor BEFORE I take this drug?

- If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have any of these health problems: Malabsorption syndrome, overactive parathyroid gland, sarcoidosis, too much vitamin D or calcium in your body, or Williams syndrome.

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take this drug?

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists,

and dentists.

- Avoid other sources of vitamin D.
- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of high calcium levels like weakness, confusion, feeling tired, headache, upset stomach and throwing up, constipation, or bone pain.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call

your doctor or get medical help if you have any side effects that bother you or do not go away.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

You may report side effects to the FDA at 1- 800-332-1088. You may also report side effects at https://www.fda.gov/medwatch.

How is this drug best taken?
Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

Wafer:

- Take this drug with the largest meal of the day.
- Chew or crush well. Do not swallow it whole.
- This drug is not taken every day. Be sure you know how to take it. Talk with your doctor if you have questions.

All other products:

- Some drugs may need to be taken with food or on an empty stomach. For some drugs it does not matter.

Check with your pharmacist about how to take this drug.

Tablets and capsules:

- Some strengths of this drug are not taken every day. Be sure you know how to take this drug. Talk with your doctor if you have questions.

Chewables:

- Chew well before swallowing.

All liquid products:

- Measure liquid doses carefully. Use the measuring device that comes with this drug. If there is none, ask the pharmacist for a device to measure this drug.
- Shake well before use.

Liquid (solution):

- You may put this drug right in the mouth from the measuring device or you may mix it with water or juice.

Liquid (drops):

- You may put this drug right in the mouth or you may mix it with formula, fruit juice, cereal, or other food. Take the whole dose.

Under the tongue (sublingual) spray:

- Shake well before use.
- Spray into the mouth under the tongue.

Oral-disintegrating tablet:

- Dissolve slowly in your mouth.

What do I do if I miss a dose?

- Take a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not take 2 doses at the same time or extra doses.

How do I store and/or throw out this drug?
All products:

- Store at room temperature protected from light. Store in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

All liquid products:

- Do not freeze.
- Be sure you know how long you can store this drug before you need to throw it away.

General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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