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## PATIENT & CAREGIVER EDUCATION

# Ixekizumab

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

## Brand Names: US

Taltz

## Brand Names: Canada

Taltz

## What is this drug used for?

- It is used to treat plaque psoriasis.
- It is used to treat some types of arthritis.
- It is used to treat ankylosing spondylitis.
- It may be given to you for other reasons. Talk with the doctor.

## What do I need to tell my doctor BEFORE I take this drug?

- If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have TB (tuberculosis).

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure

that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

## **What are some things I need to know or do while I take this drug?**

### **For all patients taking this drug:**

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- You will need a TB (tuberculosis) test before starting this drug.
- You may have more chance of getting an infection. Some people with severe infections have had to go to the hospital. Wash hands often. Stay away from people with infections, colds, or flu.
- If you have inflammatory bowel disease like ulcerative colitis or Crohn's disease, talk with your doctor. New and worsening inflammatory bowel disease has happened with this drug. Sometimes this may be very bad. Talk with your doctor.
- Make sure you are up to date with all your vaccines before treatment with this drug.
- Talk with your doctor before getting any vaccines. Use of some vaccines with this drug may either raise the chance of an infection or make the vaccine not work as well.
- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

### **Children:**

- The dose of this drug is based on your child's weight. Some doses need to be given by a doctor or other health care provider. If you have questions, talk with the doctor.

## What are some side effects that I need to call my doctor about right away?

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat. Some patients with severe allergic reactions had to go to the hospital.
- Signs of infection like fever, chills, very bad sore throat, ear or sinus pain, cough, more sputum or change in color of sputum, pain with passing urine, mouth sores, or wound that will not heal.
- Warm, red, or painful skin or sores on the body.
- Redness or white patches in mouth or throat.
- Eye redness.
- Stomach pain or diarrhea.
- Bloody diarrhea.
- Weight loss.
- Severe dizziness or passing out.
- Severe skin problems that look like eczema have happened with this drug. This can happen within days to months after the first dose. Some of these have had to be treated in the hospital. Tell your doctor right away if you have a rash, itching, dry or leathery skin, small bumps or patches, redness, blisters, peeling, or other skin irritation.

## What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Irritation where the shot is given.
- Upset stomach.
- Signs of a common cold.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at <https://www.fda.gov/medwatch>.

## How is this drug best taken?

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

### All products:

- It is given as a shot into the fatty part of the skin on the top of the thigh, belly area, or upper arm.
- If you will be giving yourself the shot, your doctor or nurse will teach you how to give the shot.
- Before using this drug, take it out of the refrigerator and leave it at room temperature for 30 minutes.
- Do not heat, microwave, place under hot water, or leave in direct sunlight.
- Wash your hands before and after use.
- Move the site where you give the shot with each shot.

- Do not shake.
- Do not give into skin that is irritated, bruised, red, infected, hard, or scarred.
- Do not give into skin that is affected by psoriasis.
- Do not give into skin within 1 inch (2.5 cm) of the belly button.
- Do not use if the solution is cloudy, leaking, or has particles.
- This drug is colorless to a faint yellow. Do not use if the solution changes color.
- Throw away any part left over after the dose is given.
- Throw away needles in a needle/sharp disposal box. Do not reuse needles or other items. When the box is full, follow all local rules for getting rid of it. Talk with a doctor or pharmacist if you have any questions.

### **Auto-injector shot:**

- If you have trouble hearing or seeing, have someone else give the shot.

### **Prefilled syringes:**

- If you have trouble seeing, have someone else give the shot.

### **What do I do if I miss a dose?**

- Take a missed dose as soon as you think about it and go back to your normal time.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not take 2 doses at the same time or extra doses.
- If you are not sure what to do if you miss a dose, call your doctor.

# How do I store and/or throw out this drug?

## All products:

- Store in a refrigerator. Do not freeze.
- Do not use if it has been frozen.
- Store in the original container to protect from light.
- If needed, you may store this drug in the original carton at room temperature for up to 5 days. Write down the date you take this drug out of the refrigerator. If stored at room temperature and not used within 5 days, throw this drug away.
- Do not put this drug back in the refrigerator after it has been stored at room temperature.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

## Auto-injector shot:

- If this drug comes in a pack with more than 1 auto-injector, take 1 auto-injector out of the original carton at a time. Protect it from light. Leave the other auto-injectors in the original carton in the refrigerator.
- If you drop this drug on a hard surface, do not use it.

## General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist,

or other health care provider.

- This drug comes with an extra patient fact sheet called a Medication Guide. Read it with care. Read it again each time this drug is refilled. If you have any questions about this drug, please talk with the doctor, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

## Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at <https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms>.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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