PATIENT & CAREGIVER EDUCATION

Ketamine

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Ketalar

Brand Names: Canada

Ketalar

What is this drug used for?

- It is used for anesthesia before or during some procedures or surgery.
- This drug may be used for other reasons. If you have been given this drug for some other reason, talk with your doctor about the benefits and risks. Talk with your doctor if you have questions or concerns about taking this drug.

What do I need to tell my doctor BEFORE I take this drug?

- If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If the patient is a child younger than 16 years old. This drug is not approved for use in these children. The risk of some side effects may be raised. However, the doctor may decide the benefits of taking this drug outweigh the risks. If your child has been given this drug, ask the doctor for information about the benefits and risks. Talk with the doctor if you have questions about giving this drug to your child.

This drug may interact with other drugs or health problems.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take this drug?

For all uses of this drug:

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Avoid driving and doing other tasks or actions that call for you to be alert for at least 24 hours after getting this drug. Wait until the effects of this drug wear off and you feel fully awake.
- Talk with your doctor before you use alcohol, marijuana or other forms of cannabis, or prescription or OTC drugs that may slow your actions.
- The doctor will watch blood pressure, heart rate, and oxygen levels closely. Talk with the doctor.
- Have your blood work checked if you are on this drug for a long time. Talk with your doctor.
- If you are 65 or older, use this drug with care. You could have more side effects.
- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

For procedures or surgery:

- Some mood and behavior changes have happened as the effects of this drug wear off. This has ranged from

pleasant, dream-like states to hallucinations, agitation, confusion, and other behavior changes. Most of the time, these problems have lasted a few hours. Be sure to have an adult you can trust help you for as long as your doctor has told you after getting this drug.

- Studies in young animals and children have shown that frequent or long-term use of anesthesia drugs or drugs used for sleep in children younger than 3 years of age may lead to long-term brain problems. This may also happen in unborn babies if the mother uses this drug during the third trimester of pregnancy. Talk with the doctor.

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.

- Signs of high or low blood pressure like very bad headache or dizziness, passing out, or change in eyesight.
- Signs of liver or bile duct problems like dark urine, tiredness, decreased appetite, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.
- Trouble breathing, slow breathing, or shallow breathing.
- Fast, slow, or abnormal heartbeat.
- Shortness of breath, a big weight gain, or swelling in the arms or legs.
- Feeling confused.
- Hallucinations (seeing or hearing things that are not there).
- Change in how you act.
- Mood changes.
- Muscle stiffness.
- Seizures.
- Change in eyesight.
- Not able to control eye movements.
- Trouble passing urine, pain when passing urine, passing urine in a weak stream or drips, or passing urine more

often.

- Blood in the urine.
- Pelvis or side pain.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Feeling sleepy.
- Decreased appetite.
- Upset stomach or throwing up.
- Irritation where this drug is given.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

You may report side effects to the FDA at 1- 800-332-1088. You may also report side effects at https://www.fda.gov/medwatch.

How is this drug best taken?

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- It is given as an injection into a muscle or vein.
- It is given as an infusion into a vein over a period of time.
- It may be given other ways. If this drug is given another way, talk with the doctor for more information.

What do I do if I miss a dose?

- Call your doctor to find out what to do.

How do I store and/or throw out this drug?

- If you need to store this drug at home, talk with your doctor, nurse, or pharmacist about how to store it.

General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do

so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
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- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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