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## PATIENT & CAREGIVER EDUCATION

# Levodopa, Carbidopa, and Entacapone

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

### **Brand Names: US**

Stalevo [DSC]

### **Brand Names: Canada**

Stalevo

### **What is this drug used for?**

- It is used to treat Parkinson's disease.

### **What do I need to tell my doctor BEFORE I take this drug?**

- If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have any of these health problems: Glaucoma, a skin lump or growth, or a history of skin cancer.

- If you have taken certain drugs used for depression like isocarboxazid, phenelzine, or tranylcypromine in the last 14 days. Taking this drug within 14 days of those drugs can cause severe high blood pressure.

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

### **What are some things I need to know or do while I take this drug?**

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Avoid driving and doing other tasks or actions that call for you to be alert until you see how this drug affects you.
- To lower the chance of feeling dizzy or passing out, rise slowly if you have been sitting or lying down. Be careful going up and down stairs.

- Have your blood work, eye exams, and other lab tests checked as you have been told by your doctor.
- Talk with your doctor to see if you may need to take vitamin B6 while you are taking this drug.
- This drug may affect certain lab tests. Tell all of your health care providers and lab workers that you take this drug.
- This drug may “wear off” as the time for your next dose gets closer. Tell your doctor if this happens and it bothers you.
- It may take a few months to see the full effect.
- Talk with your doctor before you use alcohol, marijuana or other forms of cannabis, or prescription or OTC drugs that may slow your actions.
- A dark color (red, brown, or black) may show up in your saliva, urine, or sweat. This is not harmful but may discolor your clothes.
- It is common to have diarrhea with this drug. Rarely, diarrhea has been severe and sometimes needed to be treated in the hospital. Severe diarrhea may lead to weight loss, dehydration, or low potassium levels. If you have questions, talk with your doctor.
- If you get diarrhea, you will need to make sure to avoid getting dehydrated. Drink plenty of fluids and watch for

weight loss. Talk with your doctor.

- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

### **What are some side effects that I need to call my doctor about right away?**

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of low vitamin B6 levels like confusion, depression, swelling or cracking of the lips, pain or swelling of the tongue, redness or swelling of the skin, tiredness or weakness, seizures, or unusual numbness or tingling.
- New or worse behavior or mood changes like depression or thoughts of suicide.
- Hallucinations (seeing or hearing things that are not there).

- Severe dizziness or passing out.
- Feeling confused.
- Throwing up blood or throw up that looks like coffee grounds.
- Black, tarry, or bloody stools.
- Muscle pain or weakness, dark urine, or trouble passing urine.
- A skin lump or growth.
- Change in color or size of a mole.
- Strong urges that are hard to control (such as eating, gambling, sex, or spending money).
- Trouble controlling body movements that is new or worse.
- Chest pain or pressure.
- Shortness of breath.
- Fever, chills, or sore throat; any unexplained bruising or bleeding; or feeling very tired or weak.
- Some people have fallen asleep during activities like driving, eating, or talking. Some people did not feel sleepy and felt alert right before falling asleep. This has happened up to 1 year after this drug was started. If you fall asleep during activities, do not drive or do other tasks or actions that call for you to be alert while you

take this drug. Call your doctor right away if this happens or you feel very sleepy.

- Neuroleptic malignant syndrome (NMS) is a very bad and sometimes deadly health problem that has happened when this drug was stopped all of a sudden. NMS has also happened when the dose of this drug was lowered. Call your doctor right away if you have any fever, muscle cramps or stiffness, dizziness, very bad headache, confusion, change in thinking, fast heartbeat, heartbeat that does not feel normal, or are sweating a lot.

### **What are some other side effects of this drug?**

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Feeling dizzy, sleepy, tired, or weak.
- Constipation, diarrhea, stomach pain, upset stomach, or throwing up.
- Dry mouth.
- Headache.
- Trouble sleeping.
- Back pain.

These are not all of the side effects that may occur. If you

have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

You may report side effects to the FDA at 1- 800-332-1088.

You may also report side effects at

<https://www.fda.gov/medwatch>.

### **How is this drug best taken?**

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- Take with or without food.
- Swallow whole. Do not chew, break, or crush.
- If you take an iron product or a multivitamin that has iron, ask your doctor or pharmacist how to take it with this drug. Iron may lower how well your body is able to absorb this drug.
- Diets high in protein, fat, or calories may lower how well your body absorbs this drug. Eating acidic foods may also do this. Talk with your doctor about your diet or if you will be changing your diet.
- Do not stop taking this drug all of a sudden without calling your doctor. You may have a greater risk of side

effects. If you need to stop this drug, you will want to slowly stop it as ordered by your doctor.

- Keep a diary of your signs.
- Keep taking this drug as you have been told by your doctor or other health care provider, even when you are not having symptoms.
- Take this drug at the same time of day.

### **What do I do if I miss a dose?**

- Take a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not take 2 doses at the same time or extra doses.

### **How do I store and/or throw out this drug?**

- Store at room temperature in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

## General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

## Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications,

side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at <https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms>.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit [www.mskcc.org/pe](http://www.mskcc.org/pe) to search our virtual library.

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