

PATIENT & CAREGIVER EDUCATION

Ranitidine

This information from Lexicomp® explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: Canada

JAMP-Ranitidine [DSC]; M-Ranitidine [DSC]; MAR-Ranitidine; MED Ranitidine; MINT-Ranitidine; PMS-Ranitidine [DSC]; RAN-Ranitidine [DSC]; Zantac C

What is this drug used for?

- It is used to treat gastroesophageal reflux disease (GERD; acid reflux).
- It is used to treat or prevent GI (gastrointestinal) ulcers.
- It is used to treat heartburn and sour stomach.
- It is used to treat syndromes caused by lots of stomach acid.
- It may be given to you for other reasons. Talk with the doctor.

Ranitidine 1/10

What do I need to tell my doctor BEFORE I take this drug?

- If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have ever had porphyria.
- If you have any of these health problems: Black or bloody stools; heartburn with light-headedness, sweating, dizziness, or wheezing; chest pain; shoulder pain with shortness of breath; pain that spreads to the arms, neck, or shoulders; lightheadedness; sweating a lot; throwing up blood; or trouble or pain swallowing food.
- If you are using another drug like this one. If you are not sure, ask your doctor or pharmacist.

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

Ranitidine 2/10

What are some things I need to know or do while I take this drug?

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Do not take this drug for longer than you were told by your doctor.
- This drug may affect certain lab tests. Tell all of your health care providers and lab workers that you take this drug.
- This drug may prevent other drugs taken by mouth from getting into the body. If you take other drugs by mouth, you may need to take them at some other time than this drug. Talk with your doctor.
- Liver problems have happened with this drug. Most of the time, liver problems went back to normal after this drug was stopped. Rarely, liver problems have led to death. If you have questions, talk with the doctor.
- If you are 50 or older, use this drug with care. The risk of some side effects may be higher.
- Tell your doctor if you are pregnant, plan on getting pregnant, or are breast-feeding. You will need to talk about the benefits and risks to you and the baby.

Ranitidine 3/10

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of liver problems like dark urine, tiredness, decreased appetite, upset stomach or stomach pain, light-colored stools, throwing up, or yellow skin or eyes.
- Change in eyesight.
- Chest pain.
- Shortness of breath.
- Fever.
- Very bad dizziness or passing out.
- Fast, slow, or abnormal heartbeat.

Ranitidine 4/10

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

All products:

- Headache.
- Constipation, diarrhea, stomach pain, upset stomach, or throwing up.
- Feeling dizzy, sleepy, tired, or weak.
- Trouble sleeping.

Injection:

• Irritation where this drug is given.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at https://www.fda.gov/medwatch.

Ranitidine 5/10

How is this drug best taken?

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

All oral products:

- Take with or without food. Take with food if it causes an upset stomach.
- Take at bedtime if you are taking once a day.
- To prevent heartburn take this drug 30 minutes before eating foods or drinking liquids that cause heartburn.

Tablets and capsules:

Do not chew this drug.

All liquid products:

 Measure liquid doses carefully. Use the measuring device that comes with this drug. If there is none, ask the pharmacist for a device to measure this drug.

Liquid (suspension):

• Shake well before use.

Injection:

• It is given as a shot into a muscle or vein.

Ranitidine 6/10

What do I do if I miss a dose? All oral products:

- Take a missed dose as soon as you think about it.
- If it is close to the time for your next dose, skip the missed dose and go back to your normal time.
- Do not take 2 doses at the same time or extra doses.

Injection:

Call your doctor to find out what to do.

How do I store and/or throw out this drug? Liquid (suspension):

- Store in a refrigerator. Do not freeze.
- Throw away any part not used after 8 weeks.

All other oral products:

- Store at room temperature protected from light. Store in a dry place. Do not store in a bathroom.
- Protect from heat.

Injection:

• If you need to store this drug at home, talk with your doctor, nurse, or pharmacist about how to store it.

Ranitidine 7/10

All products:

- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready

Ranitidine 8/10

to tell or show what was taken, how much, and when it happened.

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Ranitidine 9/10

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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Ranitidine 10/10