Memorial Sloan Kettering Cancer Center

PATIENT & CAREGIVER EDUCATION

Sodium Iodide I131

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Hicon

Brand Names: Canada

Draximage

What is this drug used for?

- It is used to treat an overactive thyroid gland.
- It is used to treat some types of thyroid cancer.
- It is used to test for thyroid problems.
- It may be given to you for other reasons. Talk with the doctor.

What do I need to tell my doctor BEFORE I take this drug?

- If you are allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell your doctor about the allergy and what signs you had.
- If you have any of these health problems: Diarrhea or throwing up.
- If you are taking carbimazole, methimazole, or propylthiouracil or have taken one of them within 3 days before taking this drug.
- If you are pregnant or may be pregnant. Do not take this drug if you are pregnant.

- If you are breast-feeding. Do not take this drug if you are breast-feeding.

This is not a list of all drugs or health problems that interact with this drug.

Tell your doctor and pharmacist about all of your drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe for you to take this drug with all of your drugs and health problems. Do not start, stop, or change the dose of any drug without checking with your doctor.

What are some things I need to know or do while I take this drug?

- Tell all of your health care providers that you take this drug. This includes your doctors, nurses, pharmacists, and dentists.
- Have your blood work and other lab tests checked as you have been told by your doctor.
- Follow the diet plan that your doctor told you about.
- Certain drugs and foods must be avoided for some time before taking this drug. Be sure you know what drugs and foods to avoid. If you have questions, talk with your doctor.
- Follow what you were told to do by your doctor after leaving the hospital to keep from exposing others to this drug.
- Other drugs may be given before this drug to help avoid side effects.
- This drug is radioactive. Radioactive drugs like this one may raise the risk of cancer. You will need to follow what the doctor has told you to lessen being exposed to this drug. If you have questions, talk with the doctor.
- Health problems caused by radiation have happened with this drug. Sometimes, these have been deadly. Talk with the doctor.
- If you are allergic to sulfites, talk with your doctor. Some products have sulfites.
- Neck tenderness or swelling, pain with swallowing, sore throat, and cough may happen a few days after treatment starts. Talk with the doctor if these

bother you or do not go away.

- Pass urine often. You need to empty your bladder often. Drinking lots of liquids will help.
- Use the toilet instead of a urinal.
- Use the same toilet each time you use the bathroom in your home. Sit down on the toilet to urinate to keep urine from splashing or spraying. Flush the toilet a few times after each use.
- Wash your hands after using the toilet.
- Clean up any spilled urine, feces, or blood right away. Avoid touching.
- If urine, feces, or blood gets onto clothing, wash the clothing by itself.
- This drug may affect sperm. This may affect being able to father a child. Talk with the doctor.
- This drug may cause fertility problems. This may affect being able to have children. Talk with the doctor.
- This drug may cause harm to an unborn baby. A pregnancy test will be done before you start this drug to show that you are NOT pregnant.
- If you may become pregnant, use birth control for at least 6 months after you take this drug unless you have been told otherwise. Be sure you know how long to use birth control. If you get pregnant, call your doctor right away.
- If your sex partner may become pregnant, use birth control for at least 6 months after you take this drug unless you have been told otherwise. Be sure you know how long to use birth control. If your partner gets pregnant, call the doctor right away.

What are some side effects that I need to call my doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your doctor or get medical help right away if you have any of the following signs or symptoms

that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Signs of new or worse thyroid problems like a change in weight without trying, feeling nervous and excitable, feeling restless, feeling very weak, hair thinning, depression, neck swelling, not able to focus, not able to handle heat or cold, menstrual changes, shakiness, or sweating a lot.
- Chest pain or pressure or a fast heartbeat.
- Dizziness.
- Shortness of breath.
- Fever, chills, or sore throat; any unexplained bruising or bleeding; or feeling very tired or weak.
- Mouth pain.
- Swelling.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your doctor or get medical help if any of these side effects or any other side effects bother you or do not go away:

- Diarrhea, upset stomach, or throwing up.
- Dry mouth.
- Dry eyes.
- More tears.

These are not all of the side effects that may occur. If you have questions about side effects, call your doctor. Call your doctor for medical advice about side effects.

You may report side effects to your national health agency.

You may report side effects to the FDA at 1-800-332-1088. You may also report side effects at https://www.fda.gov/medwatch.

How is this drug best taken?

Use this drug as ordered by your doctor. Read all information given to you. Follow all instructions closely.

- Take by mouth only.
- Do not eat for at least 2 hours before or 2 hours after taking this drug.
- Drink lots of noncaffeine liquids before, during, and after using this drug unless you are told to drink less liquid by your doctor.

What do I do if I miss a dose?

- Call your doctor to find out what to do.

How do I store and/or throw out this drug?

- If you need to store this drug at home, talk with your doctor, nurse, or pharmacist about how to store it.

General drug facts

- If your symptoms or health problems do not get better or if they become worse, call your doctor.
- Do not share your drugs with others and do not take anyone else's drugs.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.
- Some drugs may have another patient information leaflet. If you have any

questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.

- Some drugs may have another patient information leaflet. Check with your pharmacist. If you have any questions about this drug, please talk with your doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim any warranty or liability relating to this information or the use thereof. The use of this information is governed by the Terms of Use, available at https://www.wolterskluwer.com/en/know/clinical-effectiveness-terms.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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