PATIENT & CAREGIVER EDUCATION

Apremilast

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Otezla; Otezla XR; Otezla/Otezla XR Initiation Pk

Brand Names: Canada

APO-Apremilast; AURO-Apremilast; GLN-Apremilast; JAMP-Apremilast; MINT-Apremilast; Otezla; PMS-Apremilast; SANDOZ Apremilast; Sandoz Apremilast Starter

What is this drug used for?

- It is used to treat psoriatic arthritis.
- It is used to treat plaque psoriasis.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor

about the allergy and what signs your child had.

- If your child has kidney disease.
- If your child is taking any of these drugs: Carbamazepine, phenobarbital, phenytoin, or rifampin.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- This drug may cause weight loss. Your child will need to have weight checked while taking this drug.
- If your child's weight changes, talk with the doctor. The dose of this drug may need to be changed.
- This drug may affect growth in children and teens in

some cases. They may need regular growth checks. Talk with the doctor.

If your child is pregnant or breast-feeding a baby:

- Based on animal studies, there is a chance that this drug may cause loss of the unborn baby if your child takes it during pregnancy. If your child is pregnant or plans on getting pregnant, talk with the doctor.
- Tell the doctor if your child is breast-feeding a baby. You will need to talk about any risks to the baby.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Severe diarrhea, upset stomach, and throwing up have happened with this drug. Sometimes, these problems

have led to the need to go to the hospital. Call the doctor right away if your child has diarrhea, upset stomach, or throwing up that is severe, bothers your child, or does not go away.

- This drug may raise the chance of depression. The risk may be greater in people who have had depression or thoughts or actions of suicide in the past. Watch people who take this drug closely. Call the doctor right away if signs like depression, nervousness, restlessness, grouchiness, panic attacks, or changes in mood or actions are new or worse. Call the doctor right away if any thoughts or actions of suicide occur.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- Headache.
- Diarrhea, stomach pain, upset stomach, or throwing up.
- Weight loss.
- Signs of a common cold.
- Back pain.

- Joint pain.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

All products:

- Give this drug with or without food.
- Have your child swallow whole. Do not let your child chew, break, or crush.
- Keep giving this drug to your child as you have been told by your child's doctor or other health care provider, even if your child feels well.

Extended-release tablets:

- You may see the tablet shell in your child's stool. This is normal and not a cause for concern.

What do I do if my child misses a dose?

- Give a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not give 2 doses at the same time or extra doses.

How do I store and/or throw out this drug?

- Store at room temperature in a dry place. Do not store in a bathroom.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please

talk with your child's doctor, nurse, pharmacist, or other health care provider.

- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health care provider's examination and assessment of a patient's specific and unique circumstances. Patients must speak with a health care provider for complete information about their health, medical questions, and treatment options, including any risks or benefits regarding use of medications. This information does not endorse any treatments or medications as safe, effective, or approved for treating a specific patient. UpToDate, Inc. and its affiliates disclaim

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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