PATIENT & CAREGIVER EDUCATION

# Clindamycin, Adapalene, and Benzoyl Peroxide

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

## Brand Names: US

Cabtreo

## Brand Names: Canada

Cabtreo

## What is this drug used for?

- It is used to treat pimples (acne).

## What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.
- If your child has ever had any of these health problems: Crohn's disease, certain other stomach or bowel problems (colitis, enteritis), or severe bowel problems while taking an antibiotic (severe diarrhea, bowel swelling, stomach pain).
- If your child is using any products that have erythromycin.

This is not a list of all drugs or health problems that interact with this drug.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

## What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Certain acne products that contain benzoyl peroxide or salicylic acid can rarely cause very bad and sometimes life-threatening allergic reactions or very bad irritation. Before first use, you may need to follow certain steps to make sure your child does not have an allergic reaction. Put on this drug as you were told by the doctor or read the package label. Talk with the doctor.
- Use care when putting on. It may bleach hair or colored fabric.
- Your child may get sunburned more easily. Avoid lots of sun, sunlamps, and tanning beds. Use sunscreen and dress your child in clothing and eyewear that protects from the sun.
- Some weather conditions like cold and wind may irritate the skin. Talk with the doctor or pharmacist about how to protect the skin.
- Do not wax the affected skin. This may irritate the skin.
- Use of other skin products while using this drug may cause more irritation.
- Talk with your child's doctor before you use other drugs or products on your child's skin. This includes soaps.
- This drug may cause harm if swallowed. If this drug is swallowed, call a doctor or poison control center right away.
- Do not have your child use longer than you have been told by your child's doctor.

### If your child is pregnant or breast-feeding a baby:

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.
- If your child is breast-feeding a baby, be sure she does not put this drug right on the nipple or the area right around it.

## What are some side effects that I need to call my child's doctor about right away?

**WARNING/CAUTION:** Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Dizziness or passing out.
- Diarrhea, bloody diarrhea, and a certain bowel problem (colitis) have happened with this drug. Very bad colitis may lead to death. Call your child's doctor right away if your child has stomach pain or cramps, very bad or watery diarrhea, or bloody diarrhea. Do not try to treat diarrhea without first checking with your child's doctor.

## What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

- People using this drug may get skin reactions where this drug is used. These reactions may include burning, dryness, redness, scaling, or stinging. Most of the time, these reactions will go away within 4 weeks after starting this drug.

If these reactions last for longer than 4 weeks or get worse, talk with the doctor.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

## How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

- Do not give by mouth. Use on your child's skin only. Keep out of your child's mouth, nose, and eyes (may burn).
- Do not put in the vagina.
- Do not put on cuts, scrapes, eczema, or damaged skin.
- Do not put on sunburned skin.
- Wash your hands before and after use.
- Clean affected part before use. Make sure to dry well.
- Put a thin layer on the affected part and rub in gently.
- Do not use coverings (bandages, dressings) unless told to do so by the doctor.

## What do I do if my child misses a dose?

- Put on a missed dose as soon as you think about it.
- If it is close to the time for your child's next dose, skip the missed dose and go back to your child's normal time.
- Do not put on 2 doses at the same time or extra doses.

## How do I store and/or throw out this drug?

- Store upright at room temperature. Do not freeze.
- Protect from heat.
- Throw away any part not used after 10 weeks.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

## General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

## Consumer Information Use and Disclaimer

This generalized information is a limited summary of diagnosis, treatment, and/or medication information. It is not meant to be comprehensive and should be used as a tool to help the user understand and/or assess potential diagnostic and treatment options. It does NOT include all information about conditions, treatments, medications, side effects, or risks that may apply to a specific patient. It is not intended to be medical advice or a substitute for the medical advice, diagnosis, or treatment of a health care provider based on the health

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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