

PATIENT & CAREGIVER EDUCATION

Cyclosporine (Ophthalmic)

This information from UpToDate® Lexidrug™ explains what you need to know about this medication, including what it's used for, how to take it, its side effects, and when to call your healthcare provider.

Brand Names: US

Cequa; Restasis; Restasis MultiDose; Verkazia; Vevye

Brand Names: Canada

Cequa; Restasis; Restasis MultiDose; TEVA-CycloSPORINE; Verkazia

What is this drug used for?

- It is used to help some patients make more tears and treat dry eyes.
- It may be used to treat a type of seasonal eye irritation called vernal keratoconjunctivitis (VKC).
- It may be given to your child for other reasons. Talk with the doctor.

What do I need to tell the doctor BEFORE my child takes this drug?

- If your child is allergic to this drug; any part of this drug; or any other drugs, foods, or substances. Tell the doctor about the allergy and what signs your child had.

This drug may interact with other drugs or health problems.

Tell the doctor and pharmacist about all of your child's drugs (prescription or OTC, natural products, vitamins) and health problems. You must check to make sure that it is safe to give this drug with all of your child's other drugs and health

problems. Do not start, stop, or change the dose of any drug your child takes without checking with the doctor.

What are some things I need to know or do while my child takes this drug?

- Tell all of your child's health care providers that your child is taking this drug. This includes your child's doctors, nurses, pharmacists, and dentists.
- Have your child use care when doing tasks that call for clear eyesight.

If your child is pregnant or breast-feeding a baby:

- Talk with the doctor if your child is pregnant, becomes pregnant, or is breast-feeding a baby. You will need to talk about the benefits and risks to your child and the baby.

What are some side effects that I need to call my child's doctor about right away?

WARNING/CAUTION: Even though it may be rare, some people may have very bad and sometimes deadly side effects when taking a drug. Tell your child's doctor or get medical help right away if your child has any of the following signs or symptoms that may be related to a very bad side effect:

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; tightness in the chest or throat; trouble breathing, swallowing, or talking; unusual hoarseness; or swelling of the mouth, face, lips, tongue, or throat.
- Change in eyesight.

What are some other side effects of this drug?

All drugs may cause side effects. However, many people have no side effects or only have minor side effects. Call your child's doctor or get medical help if any of these side effects or any other side effects bother your child or do not go away:

Verkazia:

- Eye irritation.
- Eye pain.
- Cough.

All other products:

- Burning.
- Eye pain, redness, or other irritation.

These are not all of the side effects that may occur. If you have questions about side effects, call your child's doctor. Call your child's doctor for medical advice about side effects.

You may report side effects to your national health agency.

How is this drug best given?

Give this drug as ordered by your child's doctor. Read all information given to you. Follow all instructions closely.

All products:

- For the eye only.
- Wash your hands before and after use.
- Have your child take out contact lenses before using this drug. Lenses may be put back in 15 minutes after this drug is given. Do not put lenses back in if your child's eyes are irritated or infected.
- Do not touch the container tip to your child's eye, lid, or other skin. This could lead to bacteria in the drug, which may cause severe eye problems or loss of eyesight.
- Tilt your child's head back and drop drug into the eye.
- After giving this drug, ask your child to keep eyes closed. Put light pressure on the inside corner of the eye. Do this for 1 to 2 minutes. This keeps the drug

in your child's eye.

- If your child is using any other eye products in the same eye, be sure you know when to give each drug and how many minutes to space each drug from the other. If you are not sure, check with the pharmacist.

Single-use vial:

- Some vials need to be turned upside down a few times or shaken to mix the drug before use. Some vials come ready to use. Check with the pharmacist if you have questions.
- Each vial is for one use only. Use the vial right away after opening. Throw away any part not used after you give your child a dose.

Multi-dose container (Restasis):

- You will need to prepare the bottle before first use. Follow what you have been told by the doctor or read the package insert.
- Prime the bottle before first use by squeezing 2 drops onto a tissue. Do not touch the bottle tip to the tissue.
- Turn upside down a few times to mix the drug before use.
- Put the cap back on after your child is done using a dose.

What do I do if my child misses a dose?

- Skip the missed dose and go back to your child's normal time.
- Do not give 2 doses at the same time or extra doses.

How do I store and/or throw out this drug?

All products:

- Store at room temperature. Do not freeze.
- Keep all drugs in a safe place. Keep all drugs out of the reach of children and pets.
- Throw away unused or expired drugs. Do not flush down a toilet or pour

down a drain unless you are told to do so. Check with your pharmacist if you have questions about the best way to throw out drugs. There may be drug take-back programs in your area.

Single-use vial:

- If this drug comes in a foil pouch, store in the foil pouch until ready for use.

General drug facts

- If your child's symptoms or health problems do not get better or if they become worse, call your child's doctor.
- Do not share your child's drug with others and do not give anyone else's drug to your child.
- Some drugs may have another patient information leaflet. If you have any questions about this drug, please talk with your child's doctor, nurse, pharmacist, or other health care provider.
- If you think there has been an overdose, call your poison control center or get medical care right away. Be ready to tell or show what was taken, how much, and when it happened.

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If you have questions or concerns, contact your healthcare provider. A member of your care team will answer Monday through Friday from 9 a.m. to 5 p.m. Outside those hours, you can leave a message or talk with another MSK provider. There is always a doctor or nurse on call. If you're not sure how to reach your healthcare provider, call 212-639-2000.

For more resources, visit www.mskcc.org/pe to search our virtual library.

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